

continually engulfs Pacifica. The fog is endangered due to global warming. The race gathered 124 racers and raised over \$2000 which will be used to purchase large ice cubes to be placed in the Pacific Ocean. Bobby completed the course in a time of 1:21:43.

The finish was not without controversy, however. Bobby was not actually registered for the race — he volunteered to help with registration and equipment. Registration concluded at the start of the race so after the starting gun went off he followed the racers picking up the large orange traffic cones used to mark the course. At mile 2 there was a turn through the Safeway parking lot that every runner in front of Bobby missed. As a result all other racers ran only 2.8 miles. Bobby didn't miss the turn as he had a keen eye to pick up all 118 cones on the course. With Bobby coming in having covered the correct course carrying all those cones, the race director felt he had no choice but to disqualify every other runner and award Bobby the first place. For his effort Bobby won the coveted prize of free airfare and race entry to the next Honolulu Marathon. We hope he has the opportunity to make it.

CLASSIC STU-PEDS by Stu Ruth



UPCOMING RACES

April 3rd: Coastal Trail Challenge 10K. Baker Beach never fails to be the best stair-climbing race around. Just to make it the absolute best stair race we threw in some sand, compliments of the ocean. Don't start out too fast, use your head — this hill is a good one!

April 10th: Stern Grove 4 miler. Tired of Golden Gate Park? Stern Grove, the distant cousin, has a mean dip to it that makes 4 miles around the park worth bragging rights. A lot of us like to soar downhill on this course so once again — watch those knees!

April 17th: NO DSE RUN!

Opportunity to attend the RRCA's Presidio 10M/10K.

April 24th: Easter Roller Coaster.

What's with all these hills?? This course is notorious for taking your breath away with its killer up and down course, but don't be afraid to pace yourself because it's really actually a quick little 5K that is quick to make a great experience! The kid's race follows shortly after and that alone is the best part in my opinion. And don't forget the Easter goodies!

FOLDING SESSION HOSTS NEEDED

Jane Colman, DSE editor

Many thanks to the DSE members who have come through to host folding sessions, especially to Fred and Yong Haber, who volunteered on short notice when the host for the April DSE News had to cancel on short notice because of an emergency.

We still need folding session hosts for the July through December issues. A host needs to make a space available for the work and to provide paper plates, napkins and flatware for refreshments. Hosts often contribute to the refreshments but it is not required. However, I have recently learned that hosts can be reimbursed (up to \$50) for folding session expenses.

The folding sessions generally take place on weekday evenings at the end or beginning of the month, but they can also be held on weekend days, particularly Sundays after a DSE race.

If you are able to host a folding session, please contact me at janecol@earthlink.net to arrange a date.

DSE email list and electronic newsletter

Join the DSERUNNERSCLUB egroup mail list to receive DSE updates and other running information, by linking to <http://groups.yahoo.com/group/DSERunnersClub/join>. Receive the DSE News online instead of by mail, by sending a request to Richard Finley at nishikifinley@sbcglobal.net. He will notify you when each newsletter is available for download from www.dserunners.com.

◆◆◆◆◆ How to contact the DSE Newsletter ◆◆◆◆◆

The DSE Newsletter is published monthly for the DSE Running Club.

Mail/Phone/Email Address

The DSE Newsletter mailing address is
Jane Colman
692 60th Street
Oakland, CA 94609-1420
Phone 510-652-3116
Email janecol@earthlink.net

Articles and Photos

Email is preferred. If you mail photographs and want them returned, include a self-addressed stamped envelope. Articles may be edited for length and clarity.

Letters to the Editor

The DSE Newsletter encourages readers to share their opinions for publication. Letters should be brief and accompanied by your name. All letters become the property of the DSE Newsletter and will be edited for length and clarity.

Submission Deadline

Please submit your material to the editor by the 20th of each month if you would like it to be published in the following month's newsletter.

◆◆◆◆◆ How to contact the DSE ◆◆◆◆◆

Mail

DSE Runners
P.O. Box 210482
San Francisco, CA 94121-0482

Telephone

Hotline: 415-978-0837

Website/Membership Application:

www.dserunners.com

WEBMASTER: Natalie Nissenson

webmaster@dserunners.com

RUNNING WALKS

Note: The numbers ① ② ③ ④ ⑤ next to a runner's name represent the placement of the first five female finishers.

March 6, 2011

Golden Gate Park 10K

Race Director: Marie Appel

Volunteers: Calvin Chan, George Baptista, Geores Buttner, Bobby Marty, Vince French, George Sacco, Kevin Lee, Pat Geramoni, Michael Gulli, Caitlin Garcia, Zach Garcia, Phyllis Nabhan, Noe Castanon, Fred Haber, Judith Jarosz



Race Director Marie Appel

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PL	NAME	AGE	TIME
1	Sloane Cook	21	33:49
2	Jin Daikoku	27	34:12
3	Wayne Smith	18	34:40
4	Chikara Omine	28	34:57
5	Joe Wehrheim	39	35:28
6	Ian Macnider	25	36:01
7	Andrew Macnider	23	36:31
8	Ky Faubion	25	36:39
9	Jonathan Bretan	28	36:47
10	Tim Comay	26	38:29
11	Kenley Gaffke	32	38:36
12	Alejandro Rodriguez		38:46
13	Jerry Flanagan	45	39:04
14	Egen Atkmon	23	39:47
15	Daniel Henry	41	40:55
16	Austin Heller	13	41:08
17	Markham Miller	46	41:18
18	John Woods	46	41:31
19	Ryan Steuer	33	41:49
20	Michelle Larson ①	36	42:05
21	Rick Torreano	61	42:16

22	Lillian Wolfson ②	26	42:19
23	Steven Pitsenbarger	42	42:47
24	Fred Sou	36	43:08
25	David Altena	49	43:23
26	Ronnie Goodman	50	43:37
27	Hope	35	43:58
28	Conal Gallagher	47	44:10
29	Edward Caldwell	52	44:14
30	Nakia D. Baird	36	44:31
31	Anthony Jordan		44:33
32	Daniel Brown	41	45:16
33	Tim Omler	25	45:28
34	No Name		45:38
35	Edward Hung	33	46:21
36	Valdeck Ribeiro	46	47:04
37	Buckley	49	47:39
38	Dave Coulman	51	47:53
39	Norman Geimer	49	48:21
40	Max Keil	21	48:32
41	Alexander Ankrom	22	48:38
42	Larry Wuerstle	55	48:43
43	Betsy Gray ③	28	48:45
44	Kenneth Fong	49	49:06
45	Sebastien Leger	29	49:43
46	Yoshio Daikoku	62	49:54
47	Patrick Lee	63	49:58
48	Suzanne Hyer ④	29	50:00
49	Kate Hayden ⑤	28	50:09
50	King Wayman	61	50:32
51	Sarah White	37	51:18
52	Jack Moore	30	51:19
53	Anamaria Nino-Murcia		
		29	51:21
54	Gary Brickley	58	51:22
55	Ximena Ares	45	51:26
56	Michael Innes	43	51:27
57	Monique DeRouen	26	51:29
58	Allison Kubota	24	51:34
59	May Huy	31	51:40
60	Rob Snavely	41	51:45
61	Steve Carlson		52:07
62	Kevin Pagano	24	52:15
63	Megan O'Conner	40	52:19
64	Mark Mooney	54	52:27
65	Monica Rodriguez	29	52:57
66	Tina Rodriguez	23	52:59
67	Barbara Kirkwood	49	53:12
68	Mark Keller	59	53:23
69	Doug Reading	29	53:32
70	Erin Kirk	36	53:38
71	Natalia Madronal	36	53:49
72	Jessica Reback	30	54:17
73	Kathleen M. Lail	43	54:26
74	Laura Rosen	23	54:38
75	Deborah Forsberg	45	54:56
76	Jacob Forsberg	47	54:57
77	Katie Dioski	33	54:59
78	Laurie Savill	39	55:08
79	Paul Mosel	69	55:17
80	Brandon Carlson	23	55:18

81	Aaron Lauer	41	55:22
82	Gregory Brown	61	55:28
83	Sarah Tarantino	34	55:47
84	MJ	55	55:55
85	Nicole Bolton	31	55:59
86	Jeremy Bolton	26	56:15
87	Wendy Newman	60	56:19
88	Marian Lyons	63	56:35
89	Jerry McGowan	72	56:39
90	Beth Starkin	34	56:41
91	Emily Dakoske	25	57:12
92	Don Elsener	55	57:44
93	Tung Tran	33	57:54
94	Michelle Shaw	43	57:56
95	Alan Maag	57	59:15
96	Jessica Loberg	28	59:16
97	Floe	70	59:38
98	Dana Farkas	51	59:47
99	Sam Roake	75	60:34
100	Martha Arnaud	40	60:36
101	Alisa Grange	24	60:47
102	Emily Roberts	32	60:49
103	Mark Pabst		60:50
104	Shannon D'Alessio	31	60:52
105	Glen Yamakawa	41	61:05
106	Mario Pineda	50	61:20
107	Geores Buttner	74	61:39
108	Mike Rouan	47	61:43
109	Suzana Seban	57	62:02
110	Matt Krumme	37	62:19
111	Yong Cholee Haber	53	62:28
112	Mike Hung	60	62:50
113	Mort Weisberg	74	63:14
114	Macy Abbey	26	63:16
115	Erika Houtz	26	63:23
116	Catherine Seeligson	43	63:38
117	Dean Borton	42	63:39
118	Erin Jordan	33	63:44
119	Julie Sullivan	40	64:08
120	Caroline Haefling	38	64:16
121	Jack Bascom	69	64:27
122	Carrie Capanyola	25	64:42
123	Todd Haefling	42	64:59
124	Jeff Shopoff	67	66:36



It was a rainy day in Golden Gate Park
Photo by Don Watson

125 Steve Hambalek	55	67:20
126 Amy Leimer	25	67:24
127 David Tabios	24	67:45
128 Maria Sousa		67:56
129 Julisa Gandara	29	67:58
130 Turkey		68:56
131 Turkey		69:09
132 Kia-Jacquelyn Omotalade		
	32	69:44
133 Caron Anderson	69	69:45
134 Jim Kauffold	75	70:13
135 Mariah Bear	45	71:01
136 Jeff Houston	52	71:45
137 Yesenia Arriaga	33	72:29
138 Bob O'Connor	61	72:45
139 Lisa Delmar-Edmond	27	72:47
140 Bill Woolf	75	72:58
141 Tina Murphy	42	73:07
142 Susan Herder	54	73:23
143 Kelly Daikoku	51	73:25
144 Amy Sonstein	41	73:26
145 John Balbin	35	73:43
146 Sheryl Balbin	32	73:48
147 Nicholas Baka	30	75:13
148 Riona Daikoku	26	77:13
149 Deanna Brown	44	77:15
150 MaryAnn Brennan	30	77:21
151 Barbara Robben	76	77:49
152 Tony Nguyen	37	78:03
153 Elizabeth Ascencio	49	78:05
154 Jane Colman	67	83:12
155 George Sacco	73	83:18
156 Joan Yanabu		86:55
157 Claire Bramwell	35	89:26
158 Anita Diaz	43	89:28

SELF-TIMERS

Michele Sims	40	
Brie Reybine		
Liese Rapozo	83	
Ann Agbayani	50	
Tom Boyd	65	
Richard Finley	62	
Dee Farkas	83	
Robert Brizuela	71	
George Sacco	73	
Jesse Agbayani	59	
Wally Rapozo	82	
Roxanna Pezzy		
Raquel Alvarez	36	
Nanette Nongawza	47	
Alva Fong	39	
Christine Clark	39	
Bob Theis	82	
Michael Onafer	53	
Jennifer Walker	26	
Michael Cuecko	26	

March 13, 2011

St. Patrick's Day 5K

Race Director: Jim Kauffold

Volunteers: George Sacco, Brie Reybine, Bobby Marty, Peggy Kang, Vince French, Calvin Chan, Geores Buttner, Phyllis Nabhan, Daniel Henry, Pat Geramoni, Ian Macnider, Yong Haber, Shannon Luppino, Kevin Lee, Kathleen Lail, Fred Haber, Daryl Luppino, Maria Pantoja



Race Director Jim Kauffold

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PL	NAME	AGE	TIME
1	Jin Daikoku	27	16:03
2	Andrew Van Hoogenstyn		
		27	16:32
3	Chikara Omine	28	16:41
4	Sloane Cook	21	16:55
5	Dan Mancini	47	17:23
6	Andrew Macnider	23	17:27
7	Blandina Freese ①	22	17:31
8	John Mulrow	24	18:01
9	Sean Rhea	34	18:07
10	Ernie Stanton	47	18:13
11	Alex Munoz	41	18:22
12	Matt Holman	30	18:31
13	Jerry Flanagan	45	18:35
14	Alejandro Rodriguez	33	18:43
15	Palma	35	18:43
16	Peter Hsia	50	18:47
17	Austin Heller	13	19:01
18	Colleen McGuire ②	24	19:14
19	Markham Miller	46	19:16
20	Brett Baucom	32	19:17
21	Paul Cowie	32	19:22
22	Philip Navodick	25	19:36
23	Kenley Gaffke	32	19:37
24	John Woods	46	19:43
25	Steven Pitsenbarger	42	19:48
26	Marcial Saavedra	18	19:56
27	Peteris Krumins	26	19:59
28	Kevin McCoy	28	20:02
29	Marlin Gilbert	50	20:08
30	Cristian Alvarez	32	20:11
31	Nakia Baird	36	20:12
32	David Altena	49	20:14

33 Jon Yonago	47	20:23
34 Eduardo Vazquez	38	20:28
35 Rick Torreano	61	20:28
36 Dan Steiner		20:29
37 Anne Marie Sebastiani ③		20:39
38 Brian Herndon	40	20:48
39 Josh Pfiester	40	20:55
40 Sebastian Pieri	13	20:58
41 Michael Gulli	51	20:59
42 Conal Gallagher	47	21:02
43 Steve Miller	43	21:07
44 Edward Hung	33	21:09
45 Luis Vargas	52	21:13
46 Stephens ④	45	21:15
47 Stephen Seymour	49	21:19
48 Catherine Lowdon ⑤	15	21:20
49 Nick Pegley	49	21:37
50 Matt Rampe	32	21:48
51 Louis Torelli	54	21:50
52 Kenneth Fong	49	21:52
53 Miguel Ulloa	33	21:54
54 Greg Fairbairn	32	21:57
55 Greg Hilbrich	55	22:02
56 Kate Stephenson	28	22:08
57 Noriko Bazeley	52	22:17
58 Juan Melendez	53	22:19
59 David Mendelsohn	41	22:28
60 Alyssa Yell	28	22:31
61 Elio Polsinelli	31	22:31
62 Scott Edmonds	33	22:40
63 Junichi Nagaki		22:46
64 Antonio Robles	28	22:55
65 Larry Wuerstle	55	22:57
66 Valdeck Ribeiro	46	23:00
67 Patrick Lee	63	23:06
68 James Shimamoto	25	23:20
69 Amanda Verges	26	23:22
70 Neil Howard	54	23:24
71 Joel Rizzo	45	23:27
72 Perry Kim	46	23:27
73 Theo Jones	72	23:36
74 Nakul Lele	35	23:37
75 Judith Waitz	51	23:38
76 Ed Navarro	61	23:41
77 Mark Prichard	55	23:45
78 John Pettus	33	23:46
79 Jessica Chan	26	23:49
80 Yoshio Daikoku	62	23:52
81 Jed Katzel	35	23:53
82 David Klinetobe	50	24:00
83 Markus Guittap	10	24:20
84 Marie Carlotti	54	24:22
85 Steve Yun	38	24:23
86 Mike Rouan	47	24:36
87 Qustduo Cota		24:40
88 Matthew Fabry		24:51
89 Tung Tran	33	24:59
90 Natalia Madronal	35	25:10
91 Wilson Lee	35	25:13
92 Richard Nippes	63	25:18

93 Gary Brickley	58	25:20
94 Matt Bouchard	38	25:27
95 Don Elsener	55	25:28
96 Romelle Guittap	43	25:29
97 Benjamin Zbikowski	28	25:39
98 Thomas Smiley	53	25:43
99 Sarah Todd	26	25:48
100 Cary Johnson	36	25:57
101 Charles Bloszies	62	25:58
102 Jerry McGowan	72	25:59
103 Brooke Cheeseman	35	26:00
104 Paul Mosel	69	26:02
105 Mark Kelley	55	26:03
106 Quang Nguyen	27	26:09
107 Steve Nave	41	26:16
108 Gregory Brown	61	26:21
109 Lisa Volat	32	26:22
110 Alejandrina Robles	29	26:24
111 Bronislav Lukes	32	26:25
112 Brandon Montellato	26	26:27
113 Sandy Sigurdson	54	26:29
114 Tina De Martini	37	26:31
115 Emily Blanchard	24	26:32
116 Ken Weller	63	26:34
117 Mathieu Picard	30	26:36
118 Kathleen Lail	43	26:37
119 Justin Fogle	29	26:39
120 Linda Hix	45	26:44
121 Scott Hosterman	47	26:46
122 Gus Harvey	17	26:47
123 Gina Pasaak	30	26:49
124 William McCarty	63	27:01
125 Tom Huster	67	27:05
126 Larry Chow	42	27:06
127 Wendy Newman	60	27:08
128 Floe	70	27:16
129 Martha Arnaud	40	27:20
130 Robin Freeman	28	27:24
131 Marian Lyons	63	27:27
132 Fernando Reveles Pero	29	27:49
133 Jim Golden	59	27:53
134 Julia Tanase	27	27:57
135 Ky Faubion	26	27:57
136 Neal Ashton	54	27:58
137 Heather Prince	29	28:01
138 Dave Rosenberg	38	28:02
139 Chris Frank	29	28:14
140 No Name		28:15
141 Marcello Escobar	14	28:19
142 Jennifer Bonnen	40	28:22
143 Reem Assaf	26	28:24
144 Grace Jun	30	28:24
145 Geores Buttner	74	28:31
146 Misha Villa-Popescu	29	28:32
147 Maria Sousa	39	28:35
148 Crystal Young	24	28:36
149 Riley Burnett	17	28:37
150 Sharon Crost		28:39
151 Johanna Flyod	34	28:39

152 Maria Sedova	24	28:40
153 Jackie Orozco	29	28:41
154 Michael Orozco	30	28:42
155 Pat Geramoni	63	28:47
156 Teresa Gutierrez	32	28:49
157 Marcelina Sandoval	31	28:50
158 Price Kendall	25	28:50
159 Steph Riley	39	28:55
160 Nicole Reese	30	29:00
161 Desierree Haynes	34	29:03
162 Katie Buss	29	29:16
163 Anne Ching	46	29:18
164 Daniel O'Rourke	32	29:18
165 Rachel Mann	28	29:19
166 Stephen Stavros	32	29:20
167 Alberto Zamora	31	29:23
168 Jeff Camozzi	41	29:24
169 Jasmin Fiandaca	36	29:29
170 Janelle Doi	22	29:30
171 Dana Farkas	51	29:41
172 Erik Brown	28	29:42
173 Henry Nebeling	78	29:43
174 Russell Breslauer	65	29:49
175 Jacki Seymour	14	29:53
176 Jeanie Jones	75	29:55

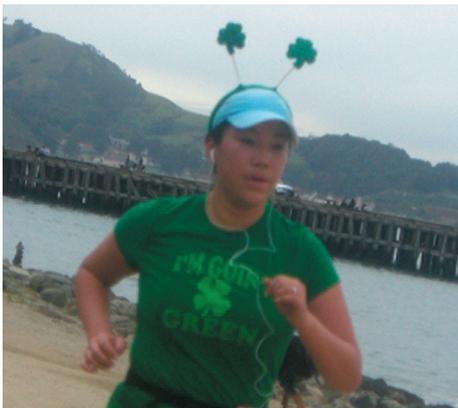


Jeanie Jones
Photo by Don Watson

177 Brian Maxwell	42	30:00
178 Rebecca Miller	47	30:08
179 Carrisa Arias	22	30:09
180 Jack Bascom	69	30:11
181 Noriyo Salzmann	39	30:14
182 Alex Salzmann	38	30:17
183 Ibarra Enrique	37	30:19
184 Madeline Lamperti		30:22
185 Sonier Francisco	30	30:23
186 Susie LeClaire	60	30:30
187 Michelle Henry	30	30:31
188 Margaret Criswell	27	30:32
189 Patrick Feeney	28	30:34
190 Michelle Jackson	43	30:37
191 Alfred Palma	50	30:43
192 Mike Hung	60	30:49
193 Maureen Neefus	36	30:54
194 Dustin Shryock	26	30:55
195 Karen McDaniel	48	30:56

196 Nora Wayman	32	31:08
197 Emily Townley	28	31:09
198 King Wayman	32	31:10
199 Annabel Hewitt	27	31:16
200 Donald O'Grady	42	31:20
201 Javier Auirre	51	31:32
202 Amy Sonstein	41	31:34
203 Jane Colman	67	31:37
204 Paco Reyes	32	31:45
205 Stefanie Utomo		31:48
206 Karen O'Grady	39	31:56
207 Nicolas Becker	30	32:12
208 Anne Leblanc	30	32:15
209 Michele Parr	39	32:26
210 Catherine Idul	32	32:27
211 Kelly Daikoku	51	32:29
212 Nancy Berner	54	32:33
213 Lauren Wiersema	17	32:33
214 Jaclyn Gureceny	23	32:34
215 Caitlin Garvey		32:35
216 Tran	41	32:44
217 Alexa Ahrens	28	32:48
218 Caroline Fakatou	32	32:53
219 Vicki Murley	32	32:54
220 Jessica Nack	33	32:55
221 Julie Margett	47	32:58
222 Mia Pucci	39	33:02
223 Jeff Shopoff	67	33:11
224 Pamela Jones	44	33:16
225 A. Kobler	34	33:17
226 Karen Hart	30	33:23
227 Jessica Maxwell	24	33:46
228 William Maxwell	25	33:46
229 Bianca Warren	31	33:47
230 Caron Anderson	69	33:49
231 Michelle Howard	18	33:49
232 Kathleen MurphySickert	44	33:50
233 Kristen Olson	41	33:50
234 Ty Hickey	28	34:05
235 Andra Kimball	33	34:07
236 David Shui	22	34:08
237 Camille Blommer	49	34:12
238 Linda Howard	20	34:13
239 Kurtis Gehman	30	34:26
240 Andrew S.	38	34:28
241 Jordon Hunter	28	34:29
242 Anish Kejariwal	34	34:37
243 Nina Garga	33	34:38
244 Illegible	15	34:39
245 Angela Warren	54	34:41
246 Degen	15	34:44
247 Christy Colcord	42	34:46
248 James Black	39	34:51
249 Bill Woolf	75	34:52
250 Bethany Pakyn	26	35:03
251 Ryan Nelson	29	35:03
252 Stephen	16	35:14
253 Nola Pellegrini	28	35:19
254 Noah Buschkamp	8	35:31

255	Margarett Buschkamp	37	35:31
256	Annie Oliver	14	35:33
257	Beth Dveris	49	35:34
258	Darian	13	35:34
259	Sarah Oliver	46	35:35
260	Michaela Brady	27	35:41
261	Elizabeth Hart	27	35:44
262	Manuel Ayllon	36	35:45
263	Riona Daikoku	26	35:55
264	Hitomi	24	35:56
265	Judy Mann	60	35:56
266	Elissa	13	35:59
267	Davide Ghilarducci	24	36:04
268	Karen Ghilarducci	27	36:05
269	Gerry Bulatao	40	36:06
270	Shannon Luppino	15	36:13
271	Ryan		36:22
272	Penelope Bernhisel	33	36:30
273	Jill Sell	44	36:34
274	Geroge Sacco	73	36:39
275	Daryl Luppino	51	36:40
276	Merwyn Chan	33	36:41
277	Sierra	11	36:46
278	Elizabeth Ward	40	36:52
279	Ann Simon	58	37:00
280	Rena McHale	29	37:05
281	Grace Roxas	34	37:06
282	Jon Roxas	34	37:07
283	Florence Schretzmann	63	37:12
284	Carina Guzman	21	37:31
285	Sunhi	52	37:49
286	Nancy Alvarez	34	37:52
287	Holly McHugh	30	37:56
288	Benjamin McHugh	30	37:57
289	George Baptista	68	38:01
290	Leslie Lundgren	56	38:41
291	Karen Moe	36	38:42
292	Lorraine Torres	34	39:09
293	Monique Chan	31	39:50
294	Hazel Bulatao	30	39:53
295	Jon Copeland	42	40:08
296	Tiffany Sonn	23	40:37
297	Gycela Hernandez	29	40:39



Many runners dressed for the occasion
Photo by Don Watson

298	Mary Gray	49	40:49
299	Roxanna Vidal	30	41:18
300	Martha Escalera	28	41:26
301	Nicole Meredith	44	41:44
302	Dennis Hassler	77	41:52
303	Judith Jarosz	71	42:00
304	Miranda Kolbe	48	42:21
305	Karen Jones	48	42:22
306	No Name		42:26
307	Sandra Williams	32	42:27
308	Alva Fong	39	42:28
309	Tony Nguyen	37	42:34
310	Erik Johnson	32	43:17
311	Charlotte Potente	37	43:39
312	No Name		43:42
313	No Name		43:44
314	Samantha Samson	15	43:52
315	Wesley Toma	15	45:01
316	Esmeralda Sandoval	10	45:31
317	Estella Escobar	35	45:33
318	Charlie Wittke	16	45:59
319	Jenny Nakamura	29	47:06
320	Isabel Diaz	30	48:09
321	Marie Komoda	32	48:25
322	Crystal Cato	26	49:02
323	Kim Maynard	48	49:22
324	Fabiana Ahumada	37	52:41

SELF-TIMERS

Gene French	64
Sherrill Golden	69
Cheri Hadley	58
Rosemary Bredahl	
Dee Farkas	83
Elizabeth Samson	10
Christina Samson	44
Ally Samson	8
Robert Brizuela	71
Jesse Agbayani	59
Ann Agbayani	50
R. Pezzy	
Liese Rapozo	83
Wally Rapozo	82
Jane Lee	60

KIDS' RACE

1	Richard Tauber	8	2:44
2	Takeru Iijima	8	2:48
3	Gabriel Jones	8	3:45
4	Xavier Miller	6	3:51
5	Chinatsu Iijima	5	3:59
6	Ryan Duhaylongsod	7	4:04
7	Irene Lamperti	6	4:15
8	Fiona Lamperti	6	4:16
9	Trinity Jones	6	4:24
10	Haruna Nagaki	6	4:27
11	Jonah Dy	3	4:29
12	Vanessa Miller	7	4:46
13	Hannah Volat	5	5:05
14	Connor Cheeseman	4	5:12
15	Ari Volat	3	5:26
16	Jakob Lail	7	5:44

March 27, 2011

Bay Trail 4M

Race Director: George Baptista

Volunteers: George Sacco, Calvin Chan, Bobby Marty, Ari Nishiki-Finley, Keaghan Townsend, Kiiko Baptista, Janet Nissenson, Chikara Omine, Kevin Lee, Fred Haber, Jim Kauffold, Vince French



Race Director George Baptista

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PL	NAME	AGE	TIME
1	Sloane Cook	21	22:05
2	Joe Wehrheim	39	22:27
3	Brad Slavens	42	22:44
4	Ian Macnider	25	23:12
5	Tim Comay	26	23:43
6	Jason Reed	32	24:05
7	Alex Munoz	41	24:11
8	Peter Trudelle	26	24:13
9	Jerry Flanagan	45	24:17
10	Darryl Leung		24:52
11	Wayne Cottrell	48	24:57
12	John Woods	46	25:30
13	Stephen Bourque	32	25:42
14	Steven Pitsenbarger	42	25:49
15	Rick Torreano	61	26:25
16	Michael Gulli	51	27:03
17	Jon Yonago	47	27:13
18	Daryl Luppino	51	27:57
19	Gary Deacon	51	27:59
20	Louise Stephens ①	45	28:02
21	Will Gunderman	38	28:06
22	Heather Koski ②	22	28:34
23	Allan Young	46	28:50
24	Catherine Lowdon ③	15	28:58
25	Joe Emhof	45	29:16
26	Bruce Leary	59	29:22
27	Valdeck Ribeiro	46	29:28
28	Jennifer Hill ④		29:37
29	Mark Hoffman		29:53
30	George Musante	56	30:00
31	Dave Emanuel	48	30:11
32	Kenneth Fong	49	30:16
33	Larry Wuerstle	55	30:38
34	Maria Pantoja ⑤		30:43
35	Maggie Fillmore	60	30:51
36	Mark Mooney	54	30:55

DSE AT THE RACES

37	David Klinetobe	50	30:59
38	Theo Jones	72	31:02
39	King Wayman	61	31:04
40	Kathi Berman	49	31:06
41	Mark Prichard	55	31:08
42	Turkey		31:12
43	Julius Ng		31:18
44	Miguel Guerrero	41	31:44
45	Rene Menjivar	54	31:53
46	Turkey		33:11
47	Eric Romeo	40	33:17
48	Gary Brickley	58	33:24
49	Kathleen Lail	43	33:31
50	Miriam Hiser	50	33:36
51	Mitchell Sollod	71	33:44
52	Stephanie Soler	36	34:00
53	George Johnson	44	34:02
54	Melissa Cheung	25	34:04
55	Paul Mosel	69	34:13
56	Joe Connelly	49	34:14
57	Tom Huster	67	34:21
58	Ken Fong	28	34:23
59	Mike Rouan	47	34:24
60	Kyle Berman		34:43
61	Desiree Regusci	25	35:07
62	Ken Weller	63	35:36
63	Kirsten Murtagh	42	35:37
64	No Name		35:46
65	Milinda Lommer	41	35:48
66	Alan Maag	57	35:58
67	Floe	70	36:10
68	Neal Ashton	54	36:17
69	Meredith Battin	16	36:38
70	Sharon Crost		36:43
71	Mark Zaller	54	36:45
72	Geores Buttner	74	37:07
73	Dan Needham	48	37:11
74	Thomas Emanuel	10	37:35
75	Dean Barton	42	37:37
76	Cathy Seeligson	43	37:38
77	Maria Wamsley	47	37:55
78	C. Putz	44	38:03
79	Pat Geramoni	63	38:06
80	Bullock	32	38:14
81	Drina Robles	29	38:15
82	Jack Bascom	69	38:27
83	Steve Hambalek	55	38:37
84	Ashley Tateo	23	38:38
85	Rose Mendoza	42	38:50
86	Jeanie Jones	75	38:56
87	Marcela Saucedo	46	38:58
88	Maria Martin	38	39:01
89	Suzana Seban	51	39:27
90	Yong Cholee Haber	53	39:28
91	Nancy Berner		39:36
92	Virginia Rosales	47	39:46
93	Leo Rosales	57	39:47
94	Jane Colman	67	40:12
95	Martha Escalera	28	40:33
96	Michelle Woodland	27	40:34

Note from the Editor: *If your name is missing from the results, I apologize. There are several possible reasons: it may be missing from the DSE roster, it may be misspelled in either the roster or the results list, or I may just have missed it. For races outside of the Bay Area, I depend on members to notify me about results. Yhr only way to guarantee being included, even for local races, is to notify me at janecol@earthlink.net.*

PL	NAME	AGE	A.G.	PL	AGE GROUP	TIME
Run the Line Half Marathon, Arkansas/Texas border, February 20						
	Salena Copeland	32	8		F 30-34	1:56:33

Redwood Park Trail 30K, Oakland, February 26

35	James Flanigan	61				3:23:21
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Woodside King's Mountain Runa, March 5 Half Marathon

19	Patrick Dillane		4		M40-44	1:36:28
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5K

30	Sandra Sigurdson		1		F 50-54	52:37
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NorCal John Frank Memorial 10M, Redding, March 5

18	Chikara Omine	28	8		M25-29	56:12
23	Jin Daikoku	27	10		M25-29	57:20
54	Jason Reed	32	5		M30-34	1:02:50
57	Roy Clarke	55	3		M55-59	1:03:22
101	Hans Schmid	71	1		M70-74	1:12:35
124	Russ Kiernan	73	3		M70-74	1:16:52
143	Marie Appel	46	9		F 45-49	1:21:04
233	Riona Daikoku	26	10		F 25-29	1:57:22
249	Dennis Hassler	77	3		M75-59	2:21:14

Montara Mountain Trail Runs, Pacifica, March 6

Half Marathon

7	Jason Reed	32	4		M30-39	2:10:04
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50K

2	Eduardo Vazquez	38	2		M30-39	5:28:25
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Napa Valley Marathon, March 6

495	Noriko Bazeley		5		F 50-54	3:51:59
1491	Gary Aguiar		52		M55-59	5:01:30

Run for the Seals 4M, Sausalito, March 12

	Paul Mosel					34:43
	Tom Smiley					37:21
	Amy Sonstein					51:59

Way Too Cool 50K, Cool, March 12

13	Todd Toffoli	30	2		M30-39	17:43
126	Jared Chan	10	1		M 9-12	23:24
129	Jim Buck	68	3		M60-69	23:36
427	Brian Hartley	57	38		M50-59	29:27
840	Barbara Robben	76	1		F 70-99	35:59

The Shamrock Run 5K, Dublin, March 13

13	Todd Toffoli	30	2		M30-39	17:43
126	Jared Chan	10	1		M 9-12	23:24
129	Jim Buck	68	3		M60-69	23:36
427	Brian Hartley	57	38		M50-59	29:27
840	Barbara Robben	76	1		F 70-99	35:59



Yong Cholee Haber and Suzana Seban

Photo by Don Watson

97	Brian Hartley	57	40:37
98	Caroline Fakatou	32	40:59
99	Julie Margeit	47	41:14
100	Samantha Georges	26	42:02
101	Anabel Mejia	48	42:09
102	Christine Gomez	37	42:41
103	Warren Register	10	42:43
104	Linda Maag	57	42:57
105	Michael Onafer	54	43:16
106	Sonja Simmons	47	43:24
107	Jim Kauffold	73	43:44
108	Bill Woolf	75	43:57
109	No Name	57	44:40
110	Sunhi Kim	57	45:27
111	Jill Sell	44	46:04
112	Anna Lee	27	46:16
113	John Sims	44	46:33
114	Shannon Luppino	15	48:41
115	George Sacco	73	48:47
116	Barbara Robben	76	49:21
117	Margo Banowicz	52	50:20
118	Amy Sonstein +	41	51:02
119	Arthur Register	13	51:29
120	Warren Okubo	33	52:13
121	Judith Jarosz		52:20
122	Christina Chow	26	52:29
123	Chang Chen	32	52:34
124	Dennis Hassler	77	53:13
125	Lauren Oliveira	25	57:24
126	Sebastian McClure	33	58:04
127	Christina Okubo	33	63:46
128	Lyn Houssami		67:18
129	Zeid Houssami		67:19
130	Justin Hill		67:20
131	Patrick Revives	34	70:10
132	Danielle Revives	31	72:13
133	Sheri Oberleas	38	72:19

SELF-TIMERS

Liese Rapozo	83
Dee Farkas	83
Wally Rapozo	82
Roxanna Pezzy	
Bob Theis	82
Robert Brizuela	
Jesse Agbayani	

Greek Independence Day 5K, Oakland, March 19

15	Sandra Sigurdson			F 50+	28:30
16	Neal Ashton			M 50+	29:00
49	Barbara Robben			F 70+	38:48

Diablo Trails Runs, Walnut Creek, March 19

Half Marathon

52	Alfred Hu	50	6	M50-54	2:54:08
10K					
98	Michael TenBrink	38	11	M35-39	1:26:22

Across the Bay 12K, March 20

44	Jin Daikoku	27	19	M25-29	42:37
47	Justin Mikecz	31	6	M30-34	42:50
60	Joe Wehrheim	39	4	M35-39	44:18
81	Ian Macnider	25	22	M25-29	46:12
97	Tim Comay	26	23	M25-29	46:57
110	Peter Hsia	50	8	M50-54	47:47
126	Roy Clarke	55	4	M55-59	48:26
130	Chikara Omine	28	25	M25-28	49:02
141	Dallas Taylor	20	20	M20-24	49:41
157	John Woods	46	12	M45-49	50:40
172	Patrick Dillane	44	22	M40-44	51:16
188	Tyler Abbott	50	14	M50-54	51:56
192	Cristian Alvarez	32	16	M30-34	52:02
193	Nakia Baird	36	13	M35-39	52:05
199	Rick Torreano	61	5	M60-64	52:28
228	Alex Munoz	41	27	M40-44	54:17
276	Rafael Sands	14	2	M12-15	56:26
307	Kenneth Fong	49	29	M45-49	57:46
315	Russ Kiernan	73	2	M70-74	57:55
449	Kelly Emo	46	11	F 45-49	1:01:38
467	Theodore Jones	72	5	M70-74	1:02:07
513	Nate Sands	16	14	M16-19	1:03:29
522	Sharon Munoz	15	1	F 12-15	1:03:42
550	Gary Brickley	58	21	M55-59	1:04:29
624	Melissa Cheung	25	34	F 25-29	1:06:07
683	Mitchell Sollod	71	8	M70-74	1:08:12
686	Erin Kirk	36	19	F 25-29	1:08:13
704	Marian Lyons	63	7	F 60-64	1:08:41
766	Barbara Kirkwood	49	24	F 45-49	1:10:09
819	Paul Mosel	69	1	M65-69	1:11:12
829	Wendy Newman	60	9	F 60-64	1:11:31
904	Fernando Del Castillo	35	77	M35-39	1:13:22
1103	Henry Nebeling	78	4	M75-79	1:18:02
1121	Gary Aguiar	55	36	M55-59	1:18:29
1167	Dana Farkas	51	36	F 50-54	1:19:42
1172	Steve Hambalek	55	40	M55-59	1:19:52
1285	John Herbert	62	28	M60-64	1:22:25
1358	Kia-Jacquelyn Omotalade	32	104	F 30-34	1:24:47
1387	Riona Daikoku	26	119	F 25-29	1:25:49
1497	William Woolf	75	6	M75-79	1:29:14
1526	Jeffry Darrow	61	34	M60-64	1:30:11
1522	Brian Hartley	57	55	M55-59	1:30:02
1648	Alfred Palma	50	82	M50-54	1:36:19
1649	Elva Torres	50	64	F 50-54	1:36:19
1672	Barbara Robben	76	1	F 75-59	1:37:42
1675	Jill Sell	44	95	F 40-44	1:37:51
1685	Christina Bellino	26	162	F 25-29	1:38:29
1701	Kelly Murphy	26	165	F 25-29	1:40:07

1736	Amy Sonstein	41	97	F 40-44	1:43:04
1828	Dina Kovash	72	7	F 70-74	1:52:54
1849	Dennis Hassler	77	9	M75-59	1:54:54
Modesto Marathon, March 20					
1661	Alex Munoz	41	1	M40-44	3:10:59
2054	Gregory Brown	61	9	M60-64	5:00:54
2056	William McCarty	63	10	M60-64	5:01:23
Half Marathon					
904	Sharon Munoz	15	10	F 1-19	2:02:22
Los Angeles Marathon, March 21					
1124	Riya Suising	43	16	F 40-44	3:35:11
Oakland Running Festival 5K, March 26					
284	Alfred Palma				29:39
345	Jeffry Darrow	61	3	M60-64	31:09
554	Barbara Robben	76	1	F 70+	36:43
Half Marathon, March 27					
37	Peter Hsia	50	1	M50-54	1:27:40
43	David Goldman	36	7	M40-44	1:28:09
103	David Altena	49	7	M40-44	1:33:33
161	Edward Hung	33	35	M30-34	1:38:19
805	Ed Kinchley				1:56:21
1042	Ramsey Said	51	39	M50-54	2:00:03
1152	Brian Dierking	46	72	M45-49	2:02:29
1223	Andrea Lambert	38	82	F 35-39	1:46:23
1295	Sandra Sigurdson	54	25	F 50-54	2:05:56
1739	Martha Arnaud	40	131	F 40-44	2:14:33
2202	Rebecca Miller	47	116	F 45-49	2:25:55
2436	Pauline Tang	28	265	F 25-29	2:31:45
2510	Trina Saunders	31	299	F 30-34	2:34:11
3196	Mary Gray	49	197	F 45-49	3:21:04
3206	Elizabeth Ascencio	50	119	F 50-54	3:23:11
3385	Christine Clark	39	338	F 35-39	4:08:43
Marathon, March 27					
124	George Rehmet	44	21	M40-44	3:36:55
146	Rafael Sands	15	1	M14-15	3:41:02
206	Noriko Bazeley	52	1	F 50-54	3:50:49
334	Lucille Wing	54	4	F 50-54	4:08:04
382	Salena Copeland	32	20	F 30-34	4:14:59
393	Marian Lyons	64	1	F 60-64	4:16:26
695	Gary Aguiar	55	21	M55-59	4:59:51
704	Gregory Brown	62	9	M60-64	5:00:59
750	Donnelly Gillen	27	44	F 25-29	5:15:35
771	Wayne Plymale	59	24	M55-59	5:22:46
791	William McCarty	63	13	M60-64	5:29:50
902	Tony Nguyen	37	100	M35-39	7:24:08

Tony tried to hitch a ride to the marathon finish, but instead he managed to get there on his own two feet



◆◆◆ Volunteers Needed ◆◆◆

DSE would not be able to put on 40+ races each year without the continued effort of its dedicated volunteers. There is an ongoing need each week for at least five volunteers to assist the Race Director. Two volunteers will be needed to handle registration from 8:00 to 9:00 AM (these volunteers would therefore have the opportunity to also run the race), and three volunteers to assist with finish line timing and stringing from 8:55 AM to the race end (a good option for self-timers and those nursing injuries or otherwise not racing that week).

Following are upcoming races at which we need a full slate of volunteers:

- April 3 Coastal Trail Challenge 10K
- April 10 Stern Grove 4M
- April 24 Easter Roller Coaster 5K
- May 1 Lake Merced 4.5M
- May 8 Mother's Day Marina Green 5K
- May 22 Practice Dipsea 6.8M

If you can assist at any of the races listed above, please contact Kevin at dse.pekingduck@juno.com or 415-751-9653 or simply sign your name to the Volunteer Sign-Up Sheet that is available at each weekly race.

Please be sure to sign your name to the Volunteer List at the weekly race (check with the Race Director) in order to be credited with your volunteer hours. You must work a full hour in order to get an hour's credit — registration, finish line, course monitor or aid station when needed. This does not include helping to unload or reload the equipment truck as this is not an hour's worth of work. All year end awards, including Age Division Awards, now require a minimum of two hours of volunteer work during the calendar year.

We have begun in earnest our Double Dipsea volunteer recruitment. DSE's largest race will be held this year on Saturday, June 25. Please see the separate article on page 1 about the volunteer needs for this event.

◆◆◆ Monthly Running Schedule ◆◆◆

- 1) All race entries are payable at the event by cash only (sorry, no checks) unless you register online at www.active.com by 9:00 AM on the Friday before the race.
- 2) All races are \$3 for members and \$5 for non-members unless otherwise noted.
- 3) Kids (under 12) pay \$1. All others pay at the adult rate.
- 4) Race dates and times are subject to change without notice. Check the DSE hotline at 415-978-0837 for any changes.
- 5) Race Day registration is from 8:05–8:55 AM unless otherwise noted.
- 6) Finisher's ribbons to all participants. Place ribbons to first 5 men and women unless otherwise noted.

For 24-Hour race information call the DSE Race Hotline at 415-978-0837

Sun Apr 3 Coastal Trail Challenge 10K

START/FINISH: Yacht Road parking lot, one block north of Marina Blvd. (Little Marina Green)

STARTING TIME: Runners at 9:00 AM. Walkers are encouraged to start early.

COURSE DESCRIPTION: Run west on Golden Gate Promenade. Just beyond the Warming Hut, turn left and go up the stairs towards the Golden Gate Bridge. Continue on trail under the bridge; run the downhill trail inside the guard rail on Lincoln Blvd. Complete a clockwise Baker Beach trail/sand loop: run past the water treatment plant, then east onto sandy beach to the Sand Ladder, which is 400 yards of vertical climb. At the top, turn left and return to the start/finish.

Sun Apr 10 Stern Grove 4M

START/FINISH: 33 Ave & Wawona St

STARTING TIME: Runners at 9:00 AM. Walkers are encouraged to start early.

COURSE DESCRIPTION: Run west on Wawona to 34th Ave, left onto Crestlake Street, left onto Sloat Blvd, left at 19th Ave and left/downhill on Wawona back to start (33rd Ave). Run second loop at 34th Ave & Wawona, drop down through barricade to Stern Grove, run entire west to east length of grove, left uphill and exit Stern Grove. Turn left at 19th Ave, left/downhill on Wawona and back to 33rd Ave and finish.

Sun Apr 17 NO DSE RUN

Opportunity to run Presidio 10M/10K — <http://guardsmen.org/presidio10/>

Sun Apr 24* Easter Roller Coaster 5K

START/FINISH: West end of Mountain Lake Park (12th Ave & Lake)

STARTING TIME: Runners at 9:00 AM. Walkers are encouraged to start early.

COURSE DESCRIPTION: Run eastbound on running path. At fork in road take dirt trail uphill on West Pacific Ave. Turn right on Presidio Ave and run through gate entrance at Pacific Street. Turn right on Pacific Street and run downhill to marked turnaround, then return along same route to finish.

* Kids' Run (1/2 mile) begins at 9:45 AM — Same Start/Finish location as adult race.

Sun May 1 Lake Merced Run 4.5M

START/FINISH: Lake Merced Boathouse, enter at Harding Road from Skyline Blvd.

STARTING TIME: Runners at 9:00 AM. Walkers are encouraged to start early.

COURSE DESCRIPTION: Run one clockwise loop around the lake staying entirely on jogging/pedestrian path.

Sun May 8* Mother's Day Marina Green 5K

START/FINISH: East Beach at Crissy Field; enter at Old Mason Street

STARTING TIME: Runners at 9:00 AM. Walkers are encouraged to start early.

COURSE DESCRIPTION: Run east along Crissy Field/GG Promenade, right along diagonal dirt path and left onto Marina Blvd. Run eastbound on Marina Blvd, and complete Marina Green rectangle (left at Webster Street par course, left onto Marina Green Drive, left on Scott Street and right onto Marina Blvd. Return same way to start. Run west along Crissy Field/GG Promenade; Turn around at fourth sandy beach access (beyond west end of marsh) and return same way back to East Beach finish.

* Kids' Run (1/2 mile) begins at 9:45 AM — Same Start/Finish location as adult race.

◆◆◆ Group Runs ◆◆◆

- ◆ Wednesday at 7:15 AM (prompt) —6 to 9 miles (less for walkers). Meet by the big wooden fish at Buck's Restaurant, 3062 Woodside Road, Woodside (1 mile west of Hwy 280). Course includes 4 miles of trails and road to Huddart Park. For more information contact Judith at websight@earthlink.net or Ken Reed at 415-586-3104 or RunKenRun@aol.com.
- ◆ Saturday at 8:10 AM—6 mile training run. Meet at the water fountain at Kennedy Drive and Transverse in Golden Gate Park.
- ◆ Monday at 6:00 PM—adidas Sport Performance Store San Francisco, 845 Market Street. Led by Warren Chang. Open to all ages and levels. Runs vary from 3–8 miles, and refreshments are provided after the run.

Membership ♦♦♦ Information ♦♦♦

The DSE was founded in 1966 by members of three clubs who were also interested in running—the Dolphin Club, the South End Rowing Club and the San Francisco Rowing Club.

The DSE has grown into San Francisco's largest running club with about 450 members. The club holds races throughout the city almost every Sunday, with courses that range in difficulty and distance (2–6+ miles). DSE members automatically receive a one year subscription to the *DSE News* and become members of the Road Runners Club of America. Club members receive a free subscription to the online publication *Footnotes*.

Annual Dues are \$25 for an individual membership and \$30 for a family membership (two or more people with the same address). There is a \$5 discount for members who opt to receive the monthly newsletter online. Membership/Renewal Applications are available on the DSE website, www.dserunners.com/members.html. From there you can click on the "membership application" link to download the form or on "register online" to join/renew online at www.active.com. If you choose to join/renew by mail, please send a check or money order made payable to DSE and a signed membership/renewal form to our Membership Coordinator, Richard Finley. Renewal dues are due by the date shown on the mailing label of your DSE newsletter (if you receive one by mail) or by the reminder date provided by e-mail from Richard (if you receive an e-newsletter).

Questions should be directed to **Richard Finley** at nishikifinley@sbcglobal.net or **Richard Finley, c/o DSE Runners, 805 Vega Circle, Foster City, CA 94404. Changes of Address are also to be sent to Richard Finley.**

Folding ♦♦♦ Session ♦♦♦

DATE: Monday, May 2, 2011
TIME: 7:00 PM
PLACE: Amy Sonstein
812 Quarry Road, Apt. A
San Francisco 94129
415-563-5316

PARKING: Please do not park in a parking space with a painted number and the word "Reserved." Park in either a blank space or along the curb.

Please remember to bring drinks or snacks to share after the folding session. If you would like to host a folding session, contact Jane Colman at janecol@earthlink.net.

Weather ♦♦♦ Report ♦♦♦

Meteorologist Mike Pechner

Spring has finally made its appearance almost two weeks late, with Mother Nature now playing catch up. It will be dry for most of the first week in April. However, there are still a few weather systems left, one around the 7th and again a week later around the 13th and then again around the 19th, with some rain and much colder temperatures. The last ten days or so of the month will be dry and warm except for the coastal fog.

Over all, temperatures and precipitation will be near normal for April.



♦♦♦ Club Officers & Coordinators ♦♦♦



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ANGELICUS
Walt Stack

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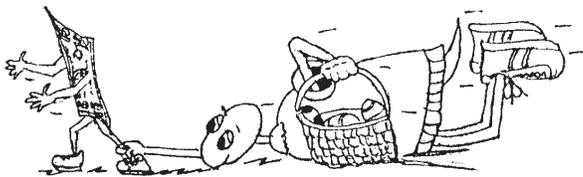
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Paul Mosel and Don Watson

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FOSTER CITY, CA 94404

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Reminder: The date on your label shows when it's time to pay your membership dues (look inside under Membership Information). Please pay your dues and we'll keep sending you the news!

Happy Birthday! ◆◆◆◆◆◆◆◆◆◆
April

- 2 William Franklin
Diane Okubo-Fong
- 4 Nicole Califano
Karen Hui
Peter Yamamoto
Allan Young
- 5 Sandy Baumgarten
- 6 Aaron Brickley
Kyle Moser
- 7 Anya Durgerian
Ken Reed
Stasia Reisfield
- 8 Edwin Dunn
Kenley Gaffke
- 9 Steve Seymour
- 11 Lucy Pon

- 12 Gary Aguiar
Tami Alvord
- 14 Barbara Robben
- 15 Gwendolyn Herndon
Jacqueline Seymour
- 16 Jeff Toffoli
- 19 Wendy Newman
- 20 Mark Orders
- 21 Caron Anderson
- 22 Russell Breslauer
Steven Pitsenbarger
- 24 Diann Leo
Jeannine Mahoney
- 26 Kristine Lee
- 27 James Lasher
Robert Morris
Pat Wellington

New Members

- ANTIOCH**
Caitlin O'Laskey
- HALF MOON BAY**
Nancy Berner
- PETALUMA**
Andrea Lambert
- SAN FRANCISCO**
Thomas Bennett
Robert Coblentz
Elle Emhof
Joe Emhof
Karen Hui
Kia-Jacquelyn Omotalade
Michael Onufer
Alison Sheng
Caroline Sheng
Paul Sheng
Alan Young
- SOUTH SAN FRANCISCO**
Dan Murphy
Julia Mutere
- SOUTHLAKE, TX**
Thomas Okazaki