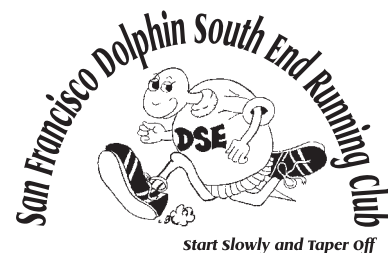


DSE NEWS



51st Year

January 2017

DSE ELECTION RESULTS

DSE Election subcommittee: Caron Anderson and Bill Woolf

The voting for 2017 DSE club officers has been completed and the results are as follows:

President: Kitzzy Aviles
Senior VP: Jason Buckner
2nd VP: Jeorgina Martinez
Secretary: Terri Rourke
Treasurer: Christine Clark

The new officers will take their positions effective as of the 2017 Gala.

Thanks to all the candidates who participated and to all the DSE members who took the time to vote. Congratulations to the new club officers. Last, but not least, a big thanks to last year's officers for an excellent job well done!

DSE GALA

Christine Clark, DSE Gala Coordinator

It's almost here! Our DSE 50th Anniversary "Solid Gold Dance Party" will occur on Saturday, February 11, 2017 at the United Irish Cultural Center in San Francisco. It will have a '70s theme, so please come prepared since there will also be a costume contest. I can't wait to see what everyone brings to this Disco Ball!

Cocktail hour will be from at 4:30 PM until 5:30 PM, when our groovy MCs Tony Nguyen and Yoly Pantig kick off the evening with the awards ceremony while a far out dinner is served. Boogying will ensue afterwards to a live band "What the Funk" until 9:30 pm. Boogie Oogie Oogie the night away!

If you have not submitted your reservation yet, you can find a copy of it online in the Newsletter section of the DSE website under December, 2016. The latest to submit your reservation is Wednesday, January 11th.

Thank you; I look forward to seeing you at our 50th Gala!

From the President's Desk

KITZZY AVILES

2017 OFFICERS

Congratulations to the newly elected 2017 Board! I look forward to working together with Jason Buckner, Jeorgina Martinez, Terri Rourke and Christine Clark to continue to make DSE the premiere running club in San Francisco.

2017 AWARDS GALA FEBRUARY 11, 2017

It's that time of year again where we come together to celebrate the accomplishments of the previous year and dance the night away. This year is extra special because the Gala culminates our 50th anniversary celebration. Visit <http://dserunners.com/awards-gala/> for more details and download the registration form. Remember to submit the awards form (<http://dserunners.com/awards/reporting-form/>) by Monday, January 2nd if you wish to receive a trophy at the Gala or be considered for a Mongo, Top 5 Race Miles or Top 5 Total Miles award. Remember that we will only order trophies or print certificates for those that submit the form.

2017 RACE DIRECTORS NEEDED

Thank you to all the members who served as race directors in 2016. We could not put on races nearly every weekend without your leadership. There are 40+ DSE race dates in 2017, and we need your help to fill them. Visit <http://dserunners.com/volunteer/race-directors/> to review the 2017 RD race dates and contact Kevin at dse.pekingduck@gmail.com to sign up. Thanks!

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2017 RACE RESULTS PREPARERS

DSE has a team of volunteers to compile race results after each Sunday race. Members take turns completing this important task to have results ready in a timely manner. Due to a few volunteers stepping down this year, we could use one or more volunteers for this role. This is an easy way to pick up volunteer hours in the comfort of your own cozy home, and still be able to run the race. If we have enough volunteers in the rotation, each member is responsible for roughly one race per month, give or take. Please contact Marsi Hidekawa at mhidekawa@gmail.com if you are interested; she will give you more details and train you.

UPCOMING RACES

The first race of the year will be the **Fort Mason 5K on January 8**. Due to construction at Aquatic Park, this course has been adjusted slightly and will start at the Fort Mason Hill near Great Meadow. After completing a loop around the Fort Mason Great Meadows, runners will enjoy a flat and fast out and back along Marina Blvd.

The **Marina Green 5K on January 15** will treat runners to a flat and fast course starting at Crissy Field, the site of an old Army Air Corps landing strip. You'll get great views of Alcatraz as you run along the Marina Green, then of the Golden Gate Bridge on the out and

CLASSIC STU-PEDS by Stu Ruth



PACIFIC MARATHON WANTS ME TO DEFEND MY LAST YEARS FOUR THOUSAND SIX SIXTY FIFTH PLACE FINISH.

back portion along Crissy Field before finishing at East Beach.

We head to the Sierra Point Marina in Brisbane for the **Waterfront 10M and 5K on January 22**. Both of these certified courses are paved and closed to traffic, following the Bay Trail along the waterfront. There will be age division awards three deep in seven categories for both races.

The **Rainbow Falls 5K on January 29** starts at Kennedy & Transverse Drive in Golden Gate Park. This is one of our most popular races. It's a mostly flat and very scenic run along Kennedy Drive past McLaren Lodge and around the Conservatory of Flowers.

◆◆◆ Volunteers Needed ◆◆◆

Janet Nissenson

DSE would not be able to put on 40+ races each year without the continued effort of its dedicated volunteers. There is an ongoing need each week for at least five volunteers to assist the Race Director. Two volunteers will be needed to handle registration from 8:00 to 9:00 AM (these volunteers would therefore have the opportunity to also run the race), and three volunteers to assist with finish line timing and stringing from 8:55 AM to the race end (a good option for self-timers and those nursing injuries or otherwise not racing that week).

Following are upcoming races/events at which we need a full slate of volunteers:

Jan 8	Fort Mason 5K
Jan 15	Marina Green 5K
Jan 22	Waterfront 10M/5K
Jan 29	Rainbow Falls 5K
Feb 12	Fort to Fork 10K
Feb 19	Baker Beach 4K

If you can assist at any of the races listed above, please contact Kevin at dse.pekingduck@juno.com or 415-751-9653.

Please be sure to sign your name to the Volunteer List at the weekly race (check with the Race Director) in order to be credited with your volunteer points. Volunteer points are mandatory in order to be considered for any year end club awards.

Sign-ups for 2017 race directors are

DSE email list and electronic newsletter

Join the DSE RUNNERS CLUB egroup mail list to receive DSE updates and other running information, by linking to <http://groups.yahoo.com/group/DSERunnersClub/join>. Receive the DSE News online instead of by mail, by sending a request to Richard Finley at nishikifinley@sbcglobal.net. He will notify you when each newsletter is available for download from www.dserunners.com. Or just check the website on folding session day.

◆◆◆ How to contact the DSE News ◆◆◆

The DSE Newsletter is published monthly for the DSE Running Club.

Mail/Phone/Email Address

The DSE News mailing address is
Jane Colman
692 60th Street
Oakland, CA 94609-1420
Phone 510-652-3116
Email janecol@lmi.net

Articles and Photos

Email is preferred. If you mail photographs and want them returned, include a self-addressed stamped envelope. Articles may be edited for length and clarity.

Letters to the Editor

The DSE News encourages readers to share their opinions for publication. Letters should be brief and accompanied by your name. All letters become the property of the DSE News and will be edited for length and clarity.

Submission Deadline

Please submit your material to the editor by the 20th of each month if you would like it to be published in the following month's newsletter.

◆◆ How to contact the DSE ◆◆

Mail

DSE Runners
P.O. Box 210482
San Francisco, CA 94121-0482

Telephone

Hotline: 415-978-0837

Website/Membership Application:

www.dserunners.com

WEBMASTER: Kitzzy Aviles and Jason Buckner

webmaster@dserunners.com

taking place now, so please be sure to look over the available dates at our website and sign up for an open race. The need for volunteers at our weekly races is higher than ever, and we are also looking for volunteers to fill several open coordinator positions within the club.

RACE RESULTS TEAM

Marsi Hidekawa

Is anyone interested in joining our race results crew? It's a great way to chalk up volunteer hours in the comfort of your own home! I'm looking for someone who would like to become a regular next year, which amounts to approximately one race per month, and I will happily train.

Thanks, Marsi Hidekawa at mhidekawa@gmail.com.

CALL FOR 1/8/17 RACE DIRECTOR AND REMAINING OPEN 2017 RD DATES

Kevin Lee

With over 40 DSE races scheduled for 2017, I am asking every club member to take the initiative to sign on as a 2017 DSE race director. By doing so, every race director will come away with a rewarding experience that benefits both the individual and the DSE Runners Club. Review the volunteer opportunities at <http://dserunners.com/volunteer/volunteer-info/> and follow the Race Directors link to review the open dates.

If you can help, please contact Kevin at 415-933-7527 or dse.pekingduck@gmail.com.

30 VOLUNTEERS NEEDED FOR THE KAISER PERMANENTE HALF MARATHON DSE AID STATION

Kevin Lee

Date: Sunday, February 5, 2017

Check-in Time: 7:00 AM

Location: JFK Drive near Mile 6 (in front of Buffalo Paddock)

Parking: **Must enter park from Lincoln Way at 41st Ave** — park vehicles on Chain of Lakes Drive Parking Lot and walk to water station.

Every volunteer will receive a commemorative T-shirt and invitation to a post-race dinner. Contact Kevin at 41-933-7527 or dse.pekingduck@gmail.com to volunteer.

DSE ECO-AWARDS

Barbara Robben

The eco-award is intended to encourage DSE runners to lighten their global impact when considering ways to arrive at DSE events. This year, an eco-friendly award will be given to everyone sharing rides, as well. If, though, you have a story to tell about an interesting way you've gotten to one or more races, why not write about it and send it to Jane Colman, the newsletter editor. It may encourage others to consider alternatives also.

My own story still involves fossil fuels, but this year a broken vehicle timing belt was my motivation to take public transportation to the Double Dipsea, where I was scheduled to volunteer.

I started out from Berkeley on Friday, the day before the race, at 7:00 AM. Though it may take longer, travel by means other than private automobile is often rewarding in many ways. Adventure is almost guaranteed, and one may meet interesting folks along the way, too.

TRIP #1: AC Transit commuter bus G to Transbay Terminal in San Francisco, then Golden Gate Transit to the new Marin City transit station. Two bridges — a tourist's delight! So much to see! Oops — two and a half hour wait until the next West Marin Stagecoach, then finally at 1:00 PM arrival in Stinson Beach. Senior fare \$4.60 for the entire six-hour adventure.

Overnight in Stinson Beach, with 6:30 AM to 2:30 PM Saturday at Insult Hill aid station. After a brief post-race volunteer BBQ, it was time to catch the West Marin Stagecoach again, due at 3:15 PM.

TRIP #2: The stage actually arrived an hour late — and crowded! Some riders had to stand going over the hill. But they were laughing and having a good time anyway. Transfer at Marin City to Golden Gate Transit and thence to MUNI — with the help of bus drivers, and finishing by walking to the Fort Mason Hostel. This is because, though I'd been at the Double Dipsea for eight hours, I still had not raced; therefore I needed to do so on Sunday.

TRIP #3: Bed stripped and quiet exit from the hostel at 6:00 AM. Taxi ride to Land's End for a Double 8K race (5K/break/3K) — worth taxi fare at that hour on Sunday, at least until learning the bus routes.

TRIP #4: After the event, it's an easy walk to catch the Geary #38 rapid bus straight to the Ferry Building, a scenic crossing of San Francisco. Then BART under the Bay, transfer at Oakland's 19th Street station and, because of a heavy backpack, AC Transit #18 bus home instead of walking.

I do keep a journal of trips taken on public transit. It contains information which is useful, and it is also entertaining to record all the adventure. Really — sometimes I feel so sorry for people in cars.



Results of DSE races are available as a supplement, available on the Newsletter section of the DSE website or included in the printed newsletter for those members who have requested it.

If you receive the printed newsletter but not the printed race results and would like to, you can add yourself to the list in several ways:

- I attend most of the DSE races. You can tell me in person that you want to be included.
- You can send me an email message at janecol@lmi.net.
- You can call me at 510-652-3116.
- You can send me a note at 692 60th Street, Oakland, CA 94609.

FOLDING SESSION HOSTS NEEDED

The *DSE News* needs folding session hosts for 2017, especially for the week of February 27.

Folding sessions can be scheduled for any weekday evening during the week before the first Sunday DSE race of the new month. It can be held at your home or at Presidio or Berkeley Sports Basement.

The host's responsibilities are to provide a place for DSE members to meet with a space for working to get the newsletters ready to mail, a space for the food and drink that participants will bring, and plates, glasses, napkins and flatware. Hosts usually provide some of the food for the post-folding potluck. The DSE treasurer will reimburse you for any folding session expenses, up to \$50 (you will need to provide receipts). Newsletters, labels, stamps and tape will all be supplied by the editor and membership coordinator.

If you can host a session, please contact me at janecol@lmi.net (or 510-652-3116 if you don't use email).

November 27, 2016

Windmill 10K

Race Directors: Leo and Virginia Rosales

Volunteers: Calvin Chan, Jimmy Yu, Amber Wipfler, Bob Butchart, Phyllis Nabhan, John Albertoni, Bob Marty, Vincent French, Kitzzy Aviles. Scott Johnston, Jim Kauffold, Paul Mosel, Marsi Hidekawa, Jack Bascom, Oscar Osorio



Race Directors Virginia & Leo Rosales

© 2016 Paul Mosel

170 participants, 162 racers (107 men, 55 women), 8 self-timers



Above: Waiting for the start

Below: The refreshment table

© 2016 Paul Mosel



December 11, 2016

Fort to Fort 10K

Race Director: Markham Miller

Volunteers: George Sacco, Carol Pechler, Calvin Chan, William Woolf, Phyllis Nabhan, John Albertoni, Bob Marty, Vincent French, Paul Mosel, Scott Johnston, John McCarroll, Wendy Newman, Richard Hannon, Daryl Luppino, Leo Rosales, Daz Lamparas



Race Director Markham Miller

© 2016 Paul Mosel

164 participants, 152 racers (91 men, 61 women), 7 self-timers, 5 kids



Above: Race registration

Below: Like many of our races, Fort to Fort is a scenic run

© 2016 Paul Mosel



December 18, 2016

Golden Gate Bridge Vista 10K

Race Directors: Leo and Virginia Rosales

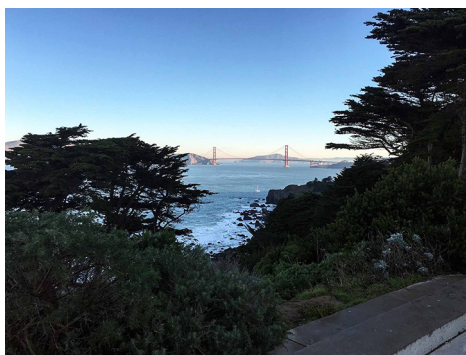
Volunteers: Theo Jones, George Sacco, Calvin Chan, William Woolf, Phyllis Nabhan, John Albertoni, Bob Marty, Michael Gulli, Vincent French, Theo Jones, Wallace Rapozo, Patrick Lee, Scott Johnston, Rubi Kawamura, Gregory Brown, Liese Rapozo



Race Directors Virginia and Leo Rosales

© 2016 Paul Mosel

164 participants, 156 racers (88 men, 68 women), 8 self-timers



The vista

© 2016 Paul Mosel

DSE AT THE RACES

Note from the Editor: If your name is missing from the results, I apologize. There are several possible reasons: it may be missing from the DSE roster, it may be misspelled in either the roster or the results list, or I may just have missed it. For races outside of the Bay Area, I depend on members to notify me about results. The only way to guarantee being included, even for local races, is to notify me at janecol@lmi.net

PL	NAME	AGE	A.G. PL	AGE GROUP	TIME
Run Wild 5K, December 4					
36	Leopoldo Rosales	62	3	M50-99	23:09
143	Linda Randes	57	11	F 50-99	30:51
183	Victoria Partika	16	2	F 14-19	33:17
185	Jennifer Partika	42	23	F 40-49	33:19
189	Eric Partika	18	14	M14-19	33:20
221	Dana Farkas	57	20	F 50-99	35:19
229	Tammie Hollar	43	35	F 40-49	35:38
233	David Picariello	62	22	M50-99	35:51
236	Jack Bascom	75	23	M50-99	36:10
262	Gladys Sanders	53	26	F 50-99	38:36
263	Paul Mosel	75	25	M50-99	38:38
298	Barbara Robben	82	33	F 50-99	42:49
339	Virginia Rosales	52	36	F 50-99	47:25
441	Dee Farkas	89	58	F 50-99	1:14:05

California International Marathon, Sacramento, December 4

31	Chikara Omine	10	M30-34	2:28:40
380	David Tran	65	M25-29	3:00:44
603	Jerry Flanagan	21	M50-54	3:09:07
732	Nakia Baird	86	M40-44	3:14:06
965	Leonard Adler	25	M45-49	3:21:37
1212	David Ly	179	M45-49	3:28:00
1329	Riya Suising	24	F 45-49	3:30:47
1415	Russell Gong	168	M40-44	3:32:49
1498	Peter Hsia	50	M55-59	3:34:19
1720	Louise Stephens	27	F 50-54	3:39:33
1735	Jay Concodin	231	M45-49	3:40:14
2176	Jason Buckner	250	M35-39	3:50:44
2505	Michael Gulli	109	M55-59	3:57:04
4615	Yoly Pantig	261	F 45-49	4:52:57
4824	Mari Almeida	373	F 40-44	4:59:54
5516	Kitzzy Aviles	439	F 35-29	5:31:51
5581	Patricia Barauna	391	F 30-34	5:35:27
5996	Gary Aguiar	152	M60-64	6:11:23
6060	Melissa Welch	435	F 30-34	6:22:48

Honolulu Marathon, December 11

816	Noriko Bazeley	8	F 55-59	3:54:21
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Note: I know there were more races in December, but after checking Run Wild and CIM I ran out of time and energy, and so included only the one race result that was reported to me. I will check December Brazen races for the next newsletter. If you ran any other December races and want them included, let me know.

◆◆◆ Monthly Running Schedule ◆◆◆

- 1) All race entries are payable at the event by cash only (sorry, no checks) unless you register online at www.active.com by 9:00 AM on the Friday before the race.
- 2) All races are \$3 for members and \$5 for non-members unless otherwise noted.
- 3) Kids (12 and under) and Kids' Runs are free. Ages 13-17 pay \$3 regardless of membership status. All others pay at the adult rate.
- 4) Race dates and times are subject to change without notice. Check the DSE hotline at 415-978-0837 for any changes.
- 5) Race Day registration is from 8:05–8:55 AM unless otherwise noted.
- 6) Finishers' ribbons to all participants. Place ribbons to first 5 men and women unless otherwise noted.

Sun Jan 1 NO DSE RUN DUE TO HOLIDAY

Sun Jan 8 Fort Mason 5K

START/FINISH: NW dirt area adjacent to central Great Meadows Fort Mason lawn. S/F lines up with building and fire hydrant.

STARTING TIME: Runners at 9:00 AM. Walkers are encouraged to start early.

COURSE DESCRIPTION: Out & Back — Complete .3 mile clockwise Fort Mason Great Meadows loop, exit (westbound) onto Marina Blvd, right through Yacht Harbor parking lot onto Golden Gate Promenade. Stay along dirt path. Turn around at west end of East Beach restroom. Return same way to finish.

Sun Jan 15 Marina Green 5K

START/FINISH: Yacht Harbor Parking Lot (Little Marina Green)

STARTING TIME: Runners at 9:00 AM. Walkers are encouraged to start early.

COURSE DESCRIPTION: Run through parking lot, exit right along diagonal dirt path and left onto Marina Blvd. Run eastbound on Marina Blvd and complete Marina Green rectangle (left at Webster Street par course, left onto Marina Green Drive, left on Scott Street and right onto Marina Blvd). Return same way to start. Run west along Crissy Field/GG Promenade; turn around at orange cone and return same way back to finish.

Sun Jan 22 Waterfront 10M & 5K**

START/FINISH: Sierra Point Marina, 400 Sierra Point Parkway, Brisbane

DIRECTIONS TO RACE: Take the Sierra Point Parkway exit from Hwy 101 S. Merge onto Sierra Point Parkway and take it to the end of the road. Turn left into the parking lot.

ENTRY FEES: 10M: \$8 members, \$10 nonmembers

5K: \$5 members, \$7 nonmembers

Age division awards for both races.

STARTING TIMES: 10M – 9:00 AM. Course closes at 11:30 AM

5K – 9:10 AM

COURSE DESCRIPTION (10M): Run southbound on paved Bay Trail, past Oyster Point, Genentech, and Point San Bruno to the marked turnaround. Return same way to finish.

COURSE DESCRIPTION (5K): Run southbound on paved Bay Trail towards Oyster Point to the marked turnaround. Return same way to finish.

**Certified Courses: 10M #CA12024TK, 5K #CA12025TK

Sun Jan 29* Rainbow Falls 5K

START/FINISH: Kennedy Drive & Transverse in Golden Gate Park

STARTING TIME: Runners at 9:00 AM. Walkers are encouraged to start early.

COURSE DESCRIPTION: Run east up Kennedy Drive to McLaren Lodge. Turn around at barricade at Kezar Drive, start back and turn right on East Conservatory Drive. Run up and around East Conservatory Drive, then back onto Kennedy Drive and return westbound to finish.

* Kids Run (1/2 mile) begins at 9:45 AM – Same Start/Finish location as adult race.

Sun Feb 5 NO DSE RUN

DSE Volunteers at Kaiser Permanente Half Marathon water station — <http://www.pamakids.org>

Membership ♦ ♦ ♦ ♦ ♦ ♦ Information

The DSE was founded in 1966 by members of three clubs who were also interested in running — the Dolphin Club, the South End Rowing Club and the San Francisco Rowing Club.

The DSE has grown into San Francisco's largest running club with about 450 members. The club holds races throughout the city almost every Sunday, with courses that range in difficulty and distance (2–6+ miles). DSE members automatically receive a one-year subscription to the *DSE News* and become members of the Road Runners Club of America. Club members receive a free subscription to the online publication *Footnotes*.

Annual Dues are \$25 for an individual membership and \$30 for a family membership (two or more people with the same address). There is a \$5 discount for members who opt to receive the monthly newsletter online. Membership/Renewal Applications are available on the DSE website, www.dserunners.com/members.html. From there you can click on the "membership application" link to download the form or on "register online" to join/renew online at www.active.com. If you choose to join/renew by mail, please send a check or money order made payable to DSE and a signed membership/renewal form to our Membership Coordinator, Richard Finley. Renewal dues are due by the date shown on the mailing label of your DSE newsletter (if you receive one by mail) or by the reminder date provided by email from Richard (if you receive an e-newsletter).

Questions should be directed to **Richard Finley** at nishikifinley@att.net or **Richard Finley, c/o DSE Runners, 805 Vega Circle, Foster City, CA 94404. Changes of Address are also to be sent to Richard Finley.**

Folding ♦ ♦ ♦ ♦ ♦ ♦ Session

DATE: Wednesday, February 1
TIME: 6:30 PM
HOST: Amy Sonstein
Presidio Sports Basement
610 Old Mason Street
San Francisco
415-254-7480

Come out and join the newsletter folding session — a small gathering of DSEers who get together for a bit of fun, food and folding. All DSEers are encouraged to participate. We'll begin at 6:30 PM and usually wrap up before 8:30 PM so you'll have time to shop.

Please remember to bring drinks or food to share. If you would like to host a folding session, contact Jane Colman at janecol@lmi.net.

Weather ♦ ♦ ♦ ♦ ♦ ♦ Report ♦ ♦ ♦

Meteorologist Mike Pechner

January weather could be both drier and colder than normal. After possible rain over the New Year's holiday weekend, we can expect dry, cool weather during the rest of the first week in January and into the second week. Look for many frosty nights away from San Francisco, with highs most days only in the 50s to near 60. Rain is possible after mid-month for a day or two around January 20. Dry weather is likely the rest of the month, the exception being some rain around January 31.

♦ ♦ ♦ Club Officers & Coordinators ♦ ♦ ♦



PRESIDENT
ANGELICUS
Walt Stack

Note: New officers will take their positions at the Gala on February 11, and will be listed here in the February newsletter.

PRESIDENT

Kitzzy Aviles

dse@kitzzy.com

SR. VICE PRESIDENT

ason Buckner

jason@jasonbuckner.com

2ND VICE PRESIDENT

Michael Gulli

vincentsarah@sbcglobal.net

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TREASURER

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Janet Nissenson

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Richard Finley

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EQUIPMENT

Vince French

CLOTHING SALES

LOST AND FOUND Geores Buttner

DSE RACE RESULTS

Marsi Hidekawa, Coordinator

mhidekawa@gmail.com

Wendy Newman

Chikara Omine

Terri Rourke terrire@sbcglobal.net

KIDS' RACE DIRECTOR

Daryl Luppino

650-255-0349

PERMITS

Jerry Flanagan

Kenneth Fong

Pat Geramoni

Janet Nissenson

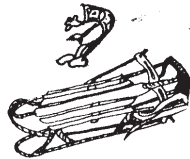
DSE PHOTOGRAPHER

Paul Mosel

SAN FRANCISCO DOLPHIN SOUTH END RUNNING CLUB

805 VEGA CIRCLE
FOSTER CITY, CA 94404

RETURN SERVICE REQUESTED



Happy Birthday!

JANUARY

1	Sharon Crost	13	Judith Jarosz
	Ryiah Nevo		Jakob Lail
2	Matt Cayabyab	14	Emilya Piansay
	Riza Rivera		Gladys Sanders
	Catherine Stewart	16	Julia Mutere
3	Gianna Alexander	17	Aideen Campbell
	Jim McBride	18	Joe Kaniewski
	Barbara Musser	19	George Dicke
	Craig Parshall		Michael Rouan
4	Matt Stringer	20	Taiyo Hayashi
5	Bernard Langner	21	Mari Almeida
6	Mary Gray	22	Jessica Chan
	Sten Mawson	23	Katelyn Flanagan
7	JoAnne Kambur		Yong Haber
8	Cristian Alvarez		Patsy Lyons
	Grace Chuang		Phyllis Nabhan
	Russ Kiernan		Lucy Wing
	Evguenia Klimenko	26	Mari Hayashi
	Joshua Lail	27	Genesis Garcia
11	Brandon Heiken	28	Scott Johnston
	Lina Khatib		Felix Menjivar
	Martina Konietzny	29	Marianne Plunder
	Eric Mateo Partika		Larry Rich
	Alice Talpin		

◆ ◆ ◆ New
Members ◆ ◆ ◆

BRENTWOOD
Jay Boncodin

SAN BRUNO
Sam Matsunaga

SAN FRANCISCO
Mary Dalton
Birdie French
Ty French
Grant Martin
Cecilia Navas
Emilya Piansay
Richard Reimer
Erica Trimble