

Dolphin South End Running Club - 2016 Race Schedule

All races begin at 9:00am. Kids runs start at 9:45am.
 Fees: under 13 free; 13-17 years \$3; 18 and over \$3/\$5 (members/non-members).
Unless otherwise noted.

Self-timers/walkers may start earlier than official race start time.

For safety reasons, headphones, strollers, and dogs are strongly discouraged. Run with these at your own risk.

There is a 15-minute/mile pace time limit, and the course and finish line close accordingly. If you expect to run over a 15-minute/mile pace use our self-timer option.

Online registration closes two days before each race. Race day registration starts one hour before the race and ends 5 minutes before start time.

Race schedule is subject to change. For the latest information, check DSE website at dserunners.com (where course maps and other details are posted) or call the DSE hotline at (415) 978-0837.

Day	Date	Race Name and S/F	
Sunday	3-Jan	Marina Green 5K - S/F East Beach at Crissy Field	Kids Run
Sunday	10-Jan	Fort Mason 5K - S/F Aquatic Park, Jefferson & Hyde Streets	
Sunday	17-Jan	Waterfront 10M/5K - S/F Sierra Point Marina, Brisbane 10M starts at 9:00, course closes at 11:30; 5K starts at 9:10. Fees: 10M \$8/\$10, 5K \$5/\$7. Age division awards for both races.	
Sunday	24-Jan	Rainbow Falls 5K - S/F Kennedy & Transverse Drive, Golden Gate Park	
Sunday	31-Jan	Baker Beach 5k - S/F Upper Baker Beach parking lot	
Sunday	7-Feb	Spreckels Lake 5K & Lightning Mile - S/F Kennedy Drive & 36th Ave, Golden Gate Park 1M starts at 9:00 followed by the 5K, approximately at 9:30. Fees: one race \$3/\$5; both races \$5/\$7.	Kids Run
Sunday	14-Feb	No DSE run – DSE volunteers at Kaiser Permanente Half Marathon	
Sunday	21-Feb	Fort to Fort 10K - S/F Ft Mason Hill (near Great Meadow)	
Sunday	28-Feb	Windmill 10K - S/F Kennedy Drive & Great Highway, Golden Gate Park	
Sunday	6-Mar	Stern Grove 4M - S/F 33rd Avenue & Wawona St	
Sunday	13-Mar	St. Patrick's Day 5K - S/F East Beach at Crissy Field	Kids Run
Sunday	20-Mar	Aquatic Park 10K - S/F Aquatic Park, Jefferson & Hyde Streets	
Sunday	27-Mar	Easter Roller Coaster 5K - S/F west end of Mountain Lake Park	
Sunday	3-Apr	Golden Gate Park 10K - S/F Kennedy & Transverse Drive, Golden Gate Park	
Sunday	10-Apr	Polo Field 5K - S/F south side of Polo Field, Golden Gate Park	Kids Run
Sunday	17-Apr	Kennedy Drive 8K - S/F south side of Polo Field, Golden Gate Park	
Sunday	24-Apr	Walt Stack 10K - S/F East Beach at Crissy Field	
Sunday	1-May	No DSE run – Opportunity to run or volunteer in The Relay	
Sunday	8-May	Mother's Day Marina Green 5K - S/F East Beach at Crissy Field	Kids Run
Sunday	15-May	No DSE run - Opportunity to enter Bay to Breakers	
Sunday	22-May	50th Anniversary 5k - S/F East Beach at Crissy Field DSE 50th Anniversary event - details tbd.	
Sunday	29-May	Bay Trail 4M - S/F Oyster Point Marina, South SF	
Sunday	5-Jun	Lake Merced 4.5M - S/F Sunset Blvd. parking lot at Lake Merced	
Thursday	9-Jun	Beginning of Summer Evening Series: 4.5M loop - S/F Sunset Blvd parking lot at Lake Merced. Race day registration only. Fee \$2 for all runners. Start 6:30pm. Finish line closes at 7:30pm. If you can't complete the course in 1 hour (13:25 pace) you must self-time and start prior to 6:30pm. Summer series dates: June 9, 16, 23, 30, July 7, 14, 21, 28, August 4, 11, 18, 25	
Sunday	12-Jun	Brisbane Scenic Run 12K/5K - S/F Mission Blue Center, Mission Blue Drive, Brisbane	

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Day	Date	Race Name and S/F	
Saturday	18-Jun	Double Dipsea Handicap Race 13.7M - S/F Stinson Beach Parking Lot (Brazen Racing)	
Sunday	19-Jun	Father's Day Rainbow Falls 5K - S/F Kennedy & Transverse Drive, Golden Gate Park	Kids Run
Sunday	26-Jun	Great Highway 5K - S/F Taraval & Great Highway	
Sunday	3-Jul	Golden Gate Park 10K - S/F Kennedy & Transverse Drive, Golden Gate Park	
Sunday	10-Jul	No DSE run – Opportunity to enter Across the Bay	
Sunday	17-Jul	Lake Merced Half Marathon & 4.5M - S/F Sunset Blvd. parking lot at Lake Merced Half-marathon starts at 8:00, course closes at 11:00. Age division awards. Fees: \$8/\$10 4.5M starts at 9:00 (usual fees).	
Sunday	24-Jul	Presidio Cross Country 5K - S/F Julius Kahn Park, West Pacific & Spruce	Kids Run
Sunday	31-Jul	No DSE run - DSE volunteers at San Francisco Marathon	
Sunday	7-Aug	Golden Gate Bridge Vista 10K - S/F USSSF Monument, El Camino Del Mar near Seal Rock Dr	
Sunday	14-Aug	Coastal Trail Challenge 10K - S/F East Beach at Crissy Field	
Sunday	21-Aug	San Pedro Park Trail Runs 2M/10K - S/F San Pedro Park, Pacifica 2M race starts at 9:00, 10k at 9:30. Fees: one race \$5/\$7; both races \$8/\$10.	
Sunday	28-Aug	Golden Gate Park Cross Country 5K - S/F upper track of Polo Field, Golden Gate Park	Kids Run
Sunday	4-Sep	Oyster Point 10K - S/F Oyster Point Marina, South SF	
Sunday	11-Sep	Single/Double Lake Merced Run 4.5M/9M - S/F Sunset Blvd. parking lot at Lake Merced Both races start at 9:00, course closes at 11:00.	
Sunday	18-Sep	No DSE run – Volunteer Appreciation Picnic	
Sunday	25-Sep	Lindley Meadow Cross Country 5K - S/F Lindley Meadow, Golden Gate Park	Kids Run
Sunday	2-Oct	No DSE run – Opportunity to enter Bridge to Bridge 12K/5K	
Sunday	9-Oct	Rockaway Beach 5K - S/F Rockaway Beach, Dondee & San Marlo Way, Pacifica	
Sunday	16-Oct	San Bruno Mountain 5K/12K - S/F picnic area in San Bruno Mountain Park 555 Guadalupe Canyon Parkway, Daly City. 12K starts at 9:00, 5K at 9:10. Fees: \$5/\$7 NOTE: \$6 day pass required for park entry. Consider carpooling, and see event page on the website for alternate parking locations.	
Sunday	23-Oct	6-Hour Running Festival & Crissy Field 5K - S/F East Beach at Crissy Field 6-Hour Run timing and fees: 8:00am - 2:00pm; \$8/\$10. 5K starts at 9:00 (usual fees).	
Sunday	30-Oct	Great "Halloween" Highway 5K - S/F Taraval & Great Highway Costumes are welcome	Kids Run
Sunday	6-Nov	Twin Peaks 4M - S/F near reservoir at Galewood & Clarendon Aves	
Sunday	13-Nov	Spreckels Lake 5K & San Franciscan Mile - S/F Kennedy Drive & 36th Ave 1M starts at 9:00 followed by the 5K, approximately at 9:30. Fees: one race \$3/\$5; both races \$5/\$7.	Kids Run
Sunday	20-Nov	Waterfront 5K - S/F Sierra Point Marina, Brisbane	
Sunday	27-Nov	Windmill 10K - S/F Kennedy Drive & Great Highway, Golden Gate Park	
Sunday	4-Dec	No DSE run – Opportunity to enter Run Wild 5K	
Sunday	11-Dec	Aquatic Park 10K - S/F Aquatic Park, Jefferson & Hyde Streets	Kids Run
Sunday	18-Dec	Golden Gate Bridge Vista 10K - S/F USSSF Monument, El Camino Del Mar near Seal Rock Dr	
Sunday	25-Dec	No DSE run - due to holiday	