Dolphin South End Runners (1966 - 2016) Present

50th Anniversary 5K

Sunday, May 22, 2016 at 9:00 a.m.
East Beach/Crissy Field, San Francisco

Join current and former DSE members for a 5K race at Crissy Field to celebrate the club's 50th Anniversary. In addition to our signature low-key atmosphere, friendly volunteers, and post-race snacks, registration for this special event will include a **commemorative 50th Anniversary tech shirt** and **finisher medal.**

Visit **dserunners.com/50th** for more information and to register online until 48 hours prior to the race. Shirts are only guaranteed to those runners who **pre-register by April 15**! We will have a limited number of shirts for sale on the day of the race, but cannot guarantee size or availability. **THERE WILL BE NO RACE DAY REGISTRATION!**

To Register by Mail: Complete the form below & mail with a check made payable to "DSE". Mail to Janet Nissenson, 1214 Oddstad Blvd., Pacifica CA 94044.

Contact Information: Race Hotline (415) 978-0837 or email dserunclub@aol.com

---

DSE 50th Anniversary 5K Registration Application

PLEASE PRINT CLEARLY

Entry Fee: Applies to runners in all age groups; no discounts

_____ $25 DSE member
_____ $30 Non-member
_____ $15 DSE member - no shirt
_____ $20 Non-member - no shirt

Tech Shirt Size (circle one)

Unisex Crew Neck: XXS XS S M L XL XXL No Shirt

Women's V-Neck: S M L XL XXL No Shirt

Name | Gender | Age on Race Day

Address | City | State | Zip

Email | Phone

In consideration of your accepting my entry, I intend to be legally bound and hereby for myself, executors and administrators, waive and release forever any and all rights and claims or damages that I may accrue against the Dolphin South End Running Club, race directors and volunteers, San Francisco Recreation & Parks Department, City & County of San Francisco, any and all sponsors of the race, their successors, representatives and assigns for any and all injuries suffered by me and companions while traveling to and from and while participating in this race. I consent to having my name and photograph of me used for media purposes. I understand and agree that the athletic event is an extreme test of my physical and mental limits and there is a possibility that I may suffer property loss, serious injury or death. I further attest and certify that I am physically fit and have had my physical condition verified by a licensed medical doctor. I allow my image to be used for publicity purposes. I HEREBY FREELY AND VOLUNTARILY ASSUME RISKS OF PARTICIPATING IN THIS EVENT. I HAVE READ AND FULLY UNDERSTAND ALL OF THE ABOVE.

Signature | Date