

2007 Annual DSE Awards Program

Description & Requirements

Participation requires a current DSE membership.

You must submit the Awards Program Running Info Form (on other side) to participate in the Program.

Race Attendance can be running/walking or volunteering.

Qualification for Plaque in Categories 1 - 4 require earning a minimum of a Small Mongo Award.

<u>Awards</u>	<u>#</u>	<u>Categories</u>		<u>Info Retrieved From:</u>
"Top 5" Plaques:	1	Most Total Miles Run*	Male Female	Awards Form
	2	Most Race Miles Run**	Male Female	Awards Form
	3	Earning the Most Place Points	Male Female	Official Race Records
	4	DSE Race Attendance***	Male Female	Official Race Records
"Top 5" Medals:	5	Age Division Awards (top 5 in each age category)	Male Female	Official Race Records
"Top 5" Certificates:	6	DSE Race Volunteers	NA	Official Race Records
Mongo Trophies	7	"Everyone Wins"	Male Female	
		A. Small Mongo requirements		
		a. Miles Run/Walked	250-749	Awards Form
		b. DSE Races Attended	10	Official Race Records
		c. Volunteer Service	2 hrs	Official Race Records
		B. Large Mongo requirements		
		a. Miles Run/Walked	750+	Awards Form
	b. DSE Races Attended	20	Official Race Records	
	c. Volunteer Service	4 hrs	Official Race Records	

* All miles count - DSE or other races, training runs, hash/fun runs, group training, etc.

** Must be a genuine publicized race. Training runs, fun runs, etc. DO NOT COUNT

*** You cannot receive double attendance points for both running and volunteering at the same race