

### Dolphin South End Running Club - 2015 Race Schedule

Unless otherwise noted, all races begin at 9:00am. Kids' runs start at 9:45am.  
 Fees: 12 and under: free; 13-17 years \$3; 18 and over \$3 members/\$5 non-members.

Self-timers/walkers may start earlier than official race start time.

For safety reasons, headphones, strollers, and dogs are strongly discouraged. Run with these at your own risk.

There is a 15-minute/mile pace time limit, and the course and finish line close accordingly. If you expect to run over a 15-minute/mile pace, use our self-timer option.

Online registration closes two days before each race. Race day registration starts one hour before the race and ends 5 minutes before start time.

Race schedule is subject to change. For the latest information, please check the DSE hotline at (415) 978-0837 or DSE website at [dserunners.com](http://dserunners.com) (where course maps and other details are posted).

Day	Date	Race Name and S/F	
Sunday	<b>4-Jan</b>	Marina Green 5K - S/F East Beach at Crissy Field	Kids Run
Sunday	<b>11-Jan</b>	Fort Mason 5K - S/F Aquatic Park, Jefferson & Hyde Streets	
Sunday	<b>18-Jan</b>	Waterfront 10M/5K - S/F Sierra Point Marina, Brisbane	
		<b>10M - 9:00 start, course closes at 11:30; 5K - 9:10 start.</b> Age division awards for both races. <b>Fees:</b> 10M \$5/\$8 (members/non-members), 5K \$3/\$5; after 1/11 and race day – 10M \$8/\$10, 5K \$5/\$7. <b>Certified courses</b> – 10M #CA12024TK, 5K # CA12025TK	
Sunday	<b>25-Jan</b>	Rainbow Falls 5K - S/F Kennedy & Transverse Drive, Golden Gate Park	
Sunday	<b>1-Feb</b>	No DSE run – DSE volunteers at Kaiser Permanente Half Marathon	
Sunday	<b>8-Feb</b>	Golden Gate Bridge Vista 10K - S/F USSSF Monument, El Camino Del Mar near Seal Rock Dr	
Sunday	<b>15-Feb</b>	Spreckles Lake 5K & Lightning Mile - S/F Kennedy Drive & 36th Ave, Golden Gate Park	Kids Run
		<b>1M race starts at 8:45, followed by the 5K. Fees:</b> one race \$3 members, \$5 non-members; both races \$5 members, \$7 non-members.	
Sunday	<b>22-Feb</b>	Fort to Fort 10K - S/F Ft Mason Hill (near Great Meadow)	
Sunday	<b>1-Mar</b>	Windmill 10K - S/F Kennedy Drive & Great Highway, Golden Gate Park	
Sunday	<b>8-Mar</b>	Stern Grove 4M - S/F 33rd Avenue & Wawona St	
Sunday	<b>15-Mar</b>	St. Patrick's Day 5K - S/F East Beach at Crissy Field	Kids Run
Sunday	<b>22-Mar</b>	Aquatic Park 10K - S/F Aquatic Park, Jefferson & Hyde Streets	
Sunday	<b>29-Mar</b>	Polo Field 5K - S/F south side of Polo Field, Golden Gate Park	
Sunday	<b>5-Apr</b>	Easter Roller Coaster 5K - S/F west end of Mountain Lake Park	Kids Run
Sunday	<b>12-Apr</b>	Golden Gate Park 10K - S/F Kennedy & Transverse Drive, Golden Gate Park	
Sunday	<b>19-Apr</b>	Lake Merced 4.5M - S/F Lake Merced Boathouse, Harding Road	
Sunday	<b>26-Apr</b>	Walt Stack 10K - S/F Yacht Rd parking lot (one block N of Marina Blvd)	
Sunday	<b>3-May</b>	No DSE run – Follow DSE teams in The Golden Gate Relay	
Sunday	<b>10-May</b>	Mother's Day Marina Green 5K - S/F East Beach at Crissy Field	Kids Run
Sunday	<b>17-May</b>	No DSE run - Opportunity to enter Bay to Breakers	
Sunday	<b>24-May</b>	Kennedy Drive 8K - S/F south side of Polo Field, Golden Gate Park	
<b>Saturday</b>	<b>30-May</b>	San Pedro Park Trail Runs 2M/10K - S/F San Pedro Park, Pacifica	
<b>Thursday</b>	<b>4-Jun</b>	Beginning of <b>Summer Evening Series:</b> 4.5M loop - S/F Sunset Blvd parking lot at Lake Merced. Race day registration only. Fee \$1 for all runners. <b>Start 6:30pm. Finish line closes at 7:30pm.</b> If you can't complete the course in 1 hour (13:25 pace) you must self-time and start prior to 6:30pm.	
		Summer series dates: <b>June 4, 11, 18, 25, July 2, 9, 16, 23, 30, August 6, 13, 20</b>	
Sunday	<b>7-Jun</b>	Windmill 10K - S/F Kennedy Drive & Great Highway, Golden Gate Park	
Sunday	<b>14-Jun</b>	Bay Trail 4M - S/F Oyster Point Marina, South SF	

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Saturday	20-Jun	Double Dipsea Handicap Race 13.7M - S/F Stinson Beach Parking Lot	
		Race now directed by Brazen Racing: brazenracing.com/doubledipsea.html	
Sunday	21-Jun	Father's Day Rainbow Falls 5K - S/F Kennedy & Transverse Drive, Golden Gate Park	Kids Run
Sunday	28-Jun	Great Highway 5K - S/F Taraval & Great Highway	
Sunday	5-Jul	Golden Gate Park 10K - S/F Kennedy & Transverse Drive, Golden Gate Park	
Sunday	12-Jul	6-Hour Running Festival & Crissy Field 5K - S/F East Beach at Crissy Field - Festival 8am-2pm	Kids Run
		<b>6-Hour Run - 8am - 2pm. Fees:</b> \$8 members, \$10 non-members through 7/5; \$10/\$12 after 7/5 and race day; <b>5K - 9am start</b> (and usual fees).	
Sunday	19-Jul	McLaren Park 5K - S/F picnic area on John F Shelley Drive	
Sunday	26-Jul	No DSE run - DSE volunteers at San Francisco Marathon	
Sunday	2-Aug	Presidio Cross Country 5K - S/F Julius Kahn Park, West Pacific & Spruce	Kids Run
Sunday	9-Aug	Marina Green 5K - S/F East Beach at Crissy Field	
Sunday	16-Aug	Brisbane Scenic Run 12K/5K - S/F Mission Blue Center, Mission Blue Drive, Brisbane	
Sunday	23-Aug	Coastal Trail Challenge 10K - S/F East Beach at Crissy Field	
Sunday	30-Aug	Golden Gate Park Cross Country 5K - S/F upper track of Polo Field, Golden Gate Park	Kids Run
Sunday	6-Sep	Oyster Point 10K - S/F Oyster Point Marina, South SF	
Sunday	13-Sep	Single/Double Lake Merced Run 4.5M/9M - S/F Lake Merced Boathouse, Harding Road	
		<b>Both races start at 9:00, and course closes at 11:00am for both.</b>	
Sunday	20-Sep	No DSE run – Volunteer Appreciation Picnic	
Sunday	27-Sep	Lindley Meadow Cross Country 5K - S/F Lindley Meadow, Golden Gate Park	Kids Run
Sunday	4-Oct	No DSE run – Opportunity to enter Bridge to Bridge 12K/5K	
Sunday	11-Oct	Rockaway Beach 5K - S/F Rockaway Beach, Dondee & San Marlo Way, Pacifica	
Sunday	18-Oct	San Bruno Mountain 5K/12K - S/F picnic area in San Bruno Mountain Park	
		555 Guadalupe Canyon Parkway, Daly City. <b>12K start – 9am, 5K start – 9:10am. Fees:</b> \$5 members, \$7 non-members; <b>NOTE: \$6 day pass required for park entry. Carpool or see event page</b> at dserunners.com for alternate parking locations.	
Sunday	25-Oct	Twin Peaks 4M - S/F near reservoir at Galewood & Clarendon Aves	
Sunday	1-Nov	Great "Halloween" Highway 5K - S/F Taraval & Great Highway	Kids Run
		<b>Costumes are welcome!</b>	
Sunday	8-Nov	Spreckles Lake 5K & San Franciscan Mile - S/F Kennedy Drive & 36th Ave	
		<b>1M race starts at 8:45, followed by the 5K. Fees:</b> one race \$3 members, \$5 non-members; both races \$5 members, \$7 non-members.	
Sunday	15-Nov	Lake Merced Half Marathon & 4.5M - S/F Sunset Blvd. parking lot at Lake Merced	
		<b>Half-marathon: 8am start, and course closes at 11:00am.</b> Age division awards. <b>Fees:</b> \$5/\$8 (members/non-members) through 11/8, \$8/\$10 after. 4.5M: <b>9am start</b> (and usual fees).	
Sunday	22-Nov	Waterfront 5K - S/F Sierra Point Marina, Brisbane	
Sunday	29-Nov	No DSE run – Opportunity to enter Run Wild 5K	
Sunday	6-Dec	Windmill 10K - S/F Kennedy Drive & Great Highway, Golden Gate Park	
Sunday	13-Dec	No DSE run – Opportunity to enter Christmas Relays	
Sunday	20-Dec	Aquatic Park 10K - S/F Aquatic Park, Jefferson & Hyde Streets	Kids Run
Sunday	27-Dec	Golden Gate Bridge Vista 10K - S/F USSSF Monument, El Camino Del Mar near Seal Rock Dr	