53rd Year November 2019

DSE MEMBERSHIP DETAILS FOR 2020

Stephanie Soler

Over the last year, DSE transitioned to a calendar year membership model. All current memberships will expire on December 31, 2019. Renewals for 2020 will be available online and at race day registration tables starting November 8. We are also including a paper registration form in the November and December newsletters.

DSE has also transitioned from manual data entry of paper membership forms to an automated membership database. In order to ensure we have accurate names, birthdates, email addresses, and signed DSE waivers for each member, we are making the following changes starting in 2020:

- 1. Each adult must purchase his/her own membership and individually sign the DSE waiver. Standard membership is \$20 per year. Unlimited GOLD membership is \$100 per year.
- 2. Dependent minor children of adult members join for free. Please be sure to "purchase" a free membership for each of your children under age 18 to ensure that s/he is eligible to earn age division points, volunteer points, and annual awards.
- 3. All members receive the DSE newsletter by email. Households that wish to receive a paper newsletter via US mail may purchase this service for an additional \$10 per year.

DSE is committed to being affordable and family friendly. Our standard race fee remains just \$3 for all members ages 13 and over, unless otherwise noted. Children ages 12 and under continue to race for free.

Happy running!

<u>FEATURES</u>	<u>DEPARTMENTS</u>	
Yahoo Group Discontinued2	Contact Info	2
DSE Gala3	Classic Stu-Peds	2
SFRP Thank You6	Race Recaps	4-5
From the Archives6	Monthly Running Schedule	10
Letter from the Rapozos7	Membership Info	10
Submissions Needed7	Officers & Coordinators	11
Walt on the Bridge7	Folding Session	11
Tip o' the Hat8	Weather Forecast	11
Halloween8-9	Birthdays	12
	•	

From the President's Desk



◆ ◆ JOE KANIEWSKI

Sometimes marathon plans don't work out. I was supposed to run in the Chunchon Marathon in South Korea this October. But, despite that, I had an inspiring month of running.

My work brought me to both Los Angeles and Washington D.C. for a few days last month. In L.A., I took the opportunity to do a 5 miler at 5:45am with the Skid Row Running Club. Recently the subject of CNN Hero's Story and an award-winning documentary, the running club is led by 62-year- old Los Angeles County Superior Court Judge Craig Mitchell. The club's mission is to support members who are working to overcome alcohol/ drug abuse transition from recent incarceration, find housing and employment, and work towards achieving positive life goals. Volunteers run with members through some of the most apocalyptic looking encampments I have ever seen on each run. Los Angeles' Skid Row stretches for block after block downtown. Fortunately, there are signs of hope as make-shift kitchens and hygiene facilities alleviate some of the conditions. Skid Row Running Club is a lot like the Back on My Feet program that I participate in here in San Francisco. As the holidays approach, please consider supporting these causes by running, fundraising, and

donating. They use running as a way to transform lives as it has for DSE members.

My trip to Washington D.C. brought me back to my old stomping grounds and to the place I first started running 30 years ago. After work, I started an amazing sunset run at the Arlington National Cemetery and ran up the steps of the Lincoln Memorial, to re-read and remind myself of the words from the Gettysburg Address cut into that Indiana limestone. With those inspirational words on my breath, I sprinted down the Washington Mall and past the Jefferson Memorial, the Holocaust Museum, and the Smithsonian and National Archives to finish at the U.S. Capital. The permanence of those buildings and the stores they hold reminded me that the current national embarrassment we are living through should not dampen our national spirit. The run was an excellent antidote.

DSE's San Pedro Park lifted my spirits as well. I nearly stopped running that day but DSE regular inspiration Chewey Lam pushed me to keep going. I was rewarded with the sight of a large male deer blocking the running path near the finish. It seemed like the young buck was pretty determined to hold his ground that morning. No amount of coaxing would deter him. Finally, I just started running right at him. Turns out he was okay

CLASSIC STU-PEDS

Stu Ruth



PACIFIC MARATHON WANTS ME TO DEFEND MY LAST YEARS FOUR THOUSAND SIX SIXTY FIFTH PLACE FINISH.

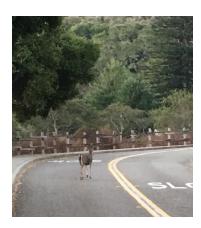
with me running right behind him. So, down the mountain we ran for a quarter of a mile or more. While I admit I was pretty nervous, I did manage to invite him to join DSE. I am hoping he can run with us again the next time we visit this mountain in Pacifica.

Yes, running inspiration can come in many ways. I am glad that you don't have to run a marathon to feel good about your running. Like the running legend, "Raven" of South Florida, who has run the same 8 mile route every day for 40 years might suggest: "Running isn't about any race, it's a way of finding meaning, purpose, and community." Maybe that should be the new DSE tagline?

In November, DSE stays off the beaten path. We are back in the Presidio for a Cross Country Race

at the renamed Presidio Wall Park. Hills and views, you got em. We run Stern Grove again and we try out a new race this month at Crocker Amazon inside of John McLaren Park. While they are not official races, if you are around during Thanksgiving and want to burn off some of those holiday calories, check-out the low key St. Ignatius High School's Turkey Trot which benefits St. Anthony's Dining Hall on Thanksgiving Day and Oakland's Lake Merritt Joggers' & Striders monthly run on Nov. 24. Last year, DSE Runners won several age divisions in some friendly holiday competition.

Hope to see you out there this month!



An unconcerned San Pedro Park deer.
© 2019 Johnny Chow

How to contact the DSE News

The DSE Newsletter is published monthly for the DSE Running Club.

Contact:

Amber Wipfler, Editor
Email: weenerdog@gmail.com

Contributions:

We encourage our members to submit articles and photos for inclusion in the DSE Newsletter. Please send your contributions to the editor at the above e-mail address. Members without e-mail accounts can send their contributions to the DSE general mailbox (see address at right).

Please note that submissions may be edited for length and clarity.

Submission Deadline:

Please submit your material to the editor by the 25th of each month if you would like it to be published in the following month's newsletter.

How to contact the DSE

Mail
DSE Runners
P.O. Box 210482
San Francisco, CA 94121-0482

ieiepnone

Hotline: 415-978-0837

Website/Membership Application:

www.dserunners.com
Webmaster: Rob Snaveley
webmaster@dserunners.com

FARE THEE WELL, DSE YAHOO GROUP

Amber Wipfler

In mid-October, Yahoo announced that it was shutting down all of its Yahoo Groups effective December 2019. With that in mind, and with an eye toward consolidating our methods of communication, we bid a fond farewell to the DSE Yahoo Groups page as of November 4.

But don't worry! There are still plenty of ways to connect with the club and your fellow members (outside of pre-race mingling and post-race snacks, that is). The DSE Board will continue to send important club information (such as event invitations and race cancellations) via e-mail. Weekly race descriptions and other announcements can be found on our official Facebook page (and you don't need to have a Facebook Account to view it): https://www.facebook.com/DSERunners/. And our website is looking better than ever, so check it out for age division points, the racing calendar, volunteer signup, and all kinds of good stuff: http://dserunners.com/.

Finally, if you want some good old-fashioned internet banter, along with race photos, calls for volunteers, race discounts, and the like, be sure to join the DSE Runners Facebook Group: https://www.facebook.com/groups/dserunners/. This page is entirely community generated, so it's the place to go if you want to share something with your DSE comrades. The group is public and can be viewed without a Facebook account, but an account is necessary to participate and post on the page. Hope to see you there!



TICKETS ON SALE NOW FOR THE DSE GALA!

DSE Members and their guests are invited to join us for our annual gala on Saturday, January 25, 2020, 5pm – 10pm.

Cost: \$35 per person, \$12 for children ages 12 and under.

Location: Spanish Cultural Center, 2850 Alemany Boulevard, San Francisco, CA.

Theme: International: Celebrate our common love of running as we look forward to the 2020 Olympics

Event Details: No Host Cocktail hour 5-6pm. Dinner and Awards Presentation at 6pm. Karaoke, music and dancing until 10pm.

RSVPs received before 12/25 are eligible for 3 raffle drawings for free Kaiser Permanente half marathon entries. All RSVPs and payments must be received by Sunday, January 11, 2020.

Get your tickets online <u>here</u> or, if you get a printed version of the newsletter, use the invitation tucked into this month's edition! Paper invitations will also be available at our Sunday races. Reserve your spot today!

A THANK YOU FROM SF REC



Way to go, DSE volunteers! Let it be said on the record, though, that we actually had 18 volunteers who got their hands dirty to give back to our beautiful Golden Gate Park. Thank you to all who participated!



Results of DSE races are available as a supplement, available on the Newsletter section of the DSE website or included in the printed newsletter for those members who have requested it.

If you receive the printed newsletter but not the printed race results and would like to, please let Jane Colman know through any of the following:

- I attend most of the DSE races. You can tell me in person that you want to be included.
- You can send me an e-mail message at janecol@lmi.net.
- You can call me at 510-652-3116.
- You can send me a note at 692 60th Street, Oakland, CA 94609.

October 6, 2019
Lake Merced Single & Double Loop
Race Director: Mike Rouan
Volunteers: Pat Geramoni, Sam Roake,
Marsi Hidekawa, Paul Mosel, Bill
Woolf, John Albertoni, Rob Snavely,
Kevin Lee, Vincent French, Jaza Szydlik,
June Szydlik, Veronica Balistreri, Sam

Beeman, Bob Marty, Diane Okubo-



RD Mike Rouan
© 2019 Paul Mosel

Single: 77 participants: 72 racers (36 men, 36 women); 5 self-timers

Double: 46 participants: 46 racers

(33 men, 13 women)

FOLDING SESSION HOSTS NEEDED

The DSE News needs folding session hosts for all of 2020, starting with the Jan. issue (during the week of 12/30).

A folding session can be scheduled for any weekday evening during the week before the first Sunday DSE race of the new month. It can be held at your home or at the Presidio, Bryant, or Berkeley Sports Basement.

The host's responsibilities are to provide a place for DSE members to meet with a space for working to get the newsletters ready to mail, a space for the food and drink that participants will bring, and plates, glasses, napkins and flatware. Hosts usually provide some of the food for the post-folding potluck. The DSE treasurer will reimburse you for any folding session expenses, up to \$50 (you will need to provide receipts). Newsletters, labels, stamps and tape will all be supplied by the editor and membership coordinator.

If you can host a session, please contact Jane Colman at janecol@lmi.net (or 510-652-3116).



Runners gathered at the start.
© 2019 Paul Mosel



What's the point of running if it's not fun? © 2019 Paul Mosel

October 13, 2019 Candlestick Park 5K

Race Directors: Akemi Iizuka & Shawn Sax Volunteers: Pat Geramoni, Terri Rourke, Richard Hannon, Bob Marty, John Albertoni, Vincent French, Kevin Lee, Angie Dalf, David Amsallem



RDs Akemi & Shawn
© 2019 Paul Mosel

75 participants: 74 racers (42 men, 32 women); 1 self-timer



Top: The sun shines on the Bay.

Bottom: Adam kicks it into high gear.
© 2019 Akemi lizuka



October 20, 2019
San Pedro Park 2M & 10K
Race Director: Veronica Balistreri
Volunteers: Marcus Balistreri, Noel
Bautista, Chewey Lam, Bob Butchart,
Bill Woolf, John Albertoni, Bob Marty,
Vincent French, Diane Okubo-Fong,
Sammy Beeman, Kevin Lee, Richard
Hannon, Johnny Chow, Jim Buck Jane
McFarland, Carol Pechler, Raquel
Bautista, Christine Clark



RD Veronica Balistreri
© 2019 Johnny Chow

2M: 61 participants: 61 racers (39 men,

22 women)

10K: 51 participants: 51 racers (33 men,

17 women)



Registration helpers!
© 2019 Raquel Bautista



Jeorgina making it look easy.
© 2019 Veronica Balistreri

October 27, 2019
Great Halloween Highway 5K
Race Director: Mary Gray
Volunteers: Dana Farkas, Terri Rourke,
Shelly Taylor, Bill Woolf, Phyllis Nabhan,
John Albertoni, Frankenstein's Monster,
Bob Marty, Kevin Lee, Christine Clark,
Paul Mosel, Marsi Hidekawa, Veronica
Balistreri, Marcus Balistreri, Wendy
Newman



RD Mary Gray
© 2019 Terri Rourke

144 participants: 120 racers (79 men, 41 women); 6 self-timers, 18 kids



Top: Trying not to get blown away

Bottom: Will in the final sprint!

© 2019 Paul Mosel



RACE DIRECTOR NEEDED!

Amber Wipfler

Want to get on Santa's "good" list? We need a race director for the Golden Gate Park XC 5K on December 15. Contact Kevin Lee at dse. pekingduck@gmail.com if you're up to the task!

Don't forget: RDs get 12 age division points, their choice of a t-shirt or 2 free race entries, and enough volunteer points to attend the yearly appreciation picnic! Plus, you get the warm, fuzzy feeling of knowing that you're keeping the DSE tradition of family-friendly, low-cost races alive.

So take a Sunday off from running--don't worry, you're still in plenty good shape to outrun the Krampas--and get in the holiday spirit by signing up today!



Calvin and Phyllis are living proof that volunteering makes your skin clear, your crops grow, and brings about a sense of enormous well being.

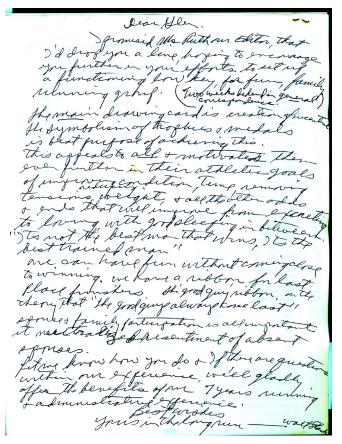
© 2019 Paul Mosel

FROM THE ARCHIVES: A MESSAGE FROM WALT

Glenn Lyle corresponded with DSE during the early 70's, picking our club's collective brain for tips and techniques to form a similar running club in his home state of Illinois. He recently found an old letter and some ribbons Walt sent him, and was kind enough to scan and send them to us via e-mail.

Glenn tells us that the letter was written on the back of the 1973 DSE Awards Ceremony Program. He writes, "Walt must have been some character. I heard of him through RW (Runner's World) magazine. If I remember right, he was then a 65-year-old hod carrier who ran 10 miles to work and another 10 back."

Enjoy these little pieces of DSE history, and thank you so much to Glenn for sending them our way!



Dear Glen,

I promised Ms. Ruth, our editor, that I'd drop you a line, hoping to encourage you further in your efforts to set up a functioning low key, for fun, family running group. (Two weeks behind in general correspondence.)

The main drawing card is creation of incentive. The symbolism of trophies and medals is [the] best purpose of acheiving this. This appeals to all and motivates them even further in their athletic goals of improving condition, time, removing tensions, reducing weight, and all the other odds and ends that will improve from [excreting to living (?)] with good sleeping inbetween. "It's not the best man that wins, it's the best trained man."

We can have fun without coming close to winning. We have a ribbon for last place finishers. The "good guy". ribbon on the theory that "the good guys always come last." Spouse and family participation is all-important. It neutralizes the resentment of absent spouses.

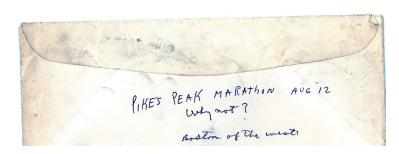
Let me know how you do and if there are questions within our experience, we'll gladly offer the beneifts of our seven years running and administrative experience.

Best wishes,

Yours in the long run - Walt Stack







Pike's Peak...sure, no big deal!:)

CATCHING UP WITH THE RAPOZOS

Liese and Wally Rapozo

The years are catching up to us--91 and 92. We knew Walk Stack (and his wife) way back when. Also the remarkable Sister Marion (the running nun), Annabelle Marsh, and many other great people (circa 1974?)

Obviously, we no longer race/run. We volunteer, when we can get a ride to the races.

We still participate in the World Airlines Road Races (WARR), where about 80 airlines personnel and families get together, in a different part of the world, for running events. This was 27 (I think) for us-held in Amsterdam. The weather was AWFUL; we opted to cheer the soggy runners in. Visited the Van Gogh museum--you could spend a week there, easily. We've already done the boat canal trips. One year, we stayed at a fleabag hotel across from the red light district--interesting. A couple of years ago, we were in Singapore...fantastic! Difficult to say which was the best event--each so different and informative. If you bought our tickets to Rome (all of Italy), we'd be packed tonight!!!

We've also participated in biathlons (run/ski/snowshoe-and-shoot) all over the U.S., Canada, Mexico, ran marathons all over...Our lives have not been dull and we've met so many great people along the way. The most challenging event, besides ultramarathons, was Pike's Peak. Running a 50K/50M, in a forest, in the dark, near the state prison, was also interesting (in Texas). For triathlons, you need a really good bike! Did some of those.

We've "earned" the right to sit in our rocking chairs. We still do a bit of volunteering--did that at SFO for 15 years--and the flying public was appreciative.

Somewhere along the line, we received trophies for being the oldest participants! Unfortunately, no \$\$\$.

(P.S. Another chapter: volunteering for the Atlanta Olympics and the Salt Lake City Olympics...)



THE DSE ARCHIVE PROJECT: CONTRIBUTIONS NEEDED!

Joe Kaniewski

Calling all DSE Runners who enjoy running history, photography, and archives: We are exploring the idea of putting a book together about our club. Do you or someone you know have a collection of DSE photographs, memorabilia, and stories? The first step is to take stock of what we collectively have and understand who might want to participate in collecting, reviewing, and writing our story for generations to come. Email me at president@dserunners.com if you would like to participate or if you have a treasured pictures of DSE event or members that you would like to share.

WALT ON THE BRIDGE

Speaking of the DSE archive, check out this amazing photo sent in by longtime club member and resident meteorologist, Mike Pechner. Mike writes, "Walt and I were doing his morning run to Sausalito and back one morning in the late 1980's. Someone walking the bridge recognized Walt and stopped to talk to him." So cool!



TIP O' THE HAT

Amber Wipfler

There is much hat tipping to be done this month, as our members have been accomplishing great things!

On October 13, Greg Brown ran his 267th lifetime marathon down in Long Beach, with a time of 6:47.

On October 20, Akemi Iizuka scored a 4th place age division finish in the Ventura Half Marathon, with a time of 1:47:54. In the full marathon, Shawn Sax won 4th in his age division as well, and qualified for Boston with a time of 3:34:10.

On October 4, Carol Pechler and Kat Powell killed it in the San Jose Rock N Roll Half Marathon, with respective times of 3:01:28 and 2:20:02. And Carol's granddaughter seems to have caught the running bug as well!



Rockin' and rollin' and runnin'.
© 2019 Carol Pechler

Over the weekend of October 7, Terri Rourke volunteered at the Wineglass Half Marathon, then ran it in a time of 2:09:14.

And on October 25, a group of DSE regulars, including Terri, Barbara Robben, Brian Hartley, Dana Farkas, and Sharlet Gilbertparticipated in the Lafayette Reservoir Run, a 10K/5K/2M event raising money for the city's schools.

Way to go, everyone!



All smiles at the finish line!
© 2019 Terri Rourke

IT'S THE GREAT HIGHWAY, CHARLIE BROWN

Gale force winds couldn't stop our members and friends from wearing their Halloween finest to the Great Halloween Highway 5K. Enjoy these costume photos from club photographer Paul Mosel, and remember: it's never to early to start planning next year's costume!



Group shot!
© 2019 Paul Mosel





HAPPY HALLOWEEN, DSE!

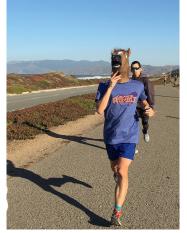
All photos © 2019 Paul Mosel



















Monthly Running Schedule

- 1) All race entries are payable at the event by cash only (sorry, no checks) unless you register online at www.active.com by 9:00 AM on the Friday before the race.
- 2) All races are \$3 for members and \$5 for non-members unless otherwise noted.
- 3) Kids (12 and under) and Kids' Runs are free. Ages 13-17 pay \$3 regardless of membership status. All others pay at the adult rate.
- Race dates and times are subject to change without notice. Check the DSE hotline at 415-978-0837 for any changes.
- 5) Race Day registration is from 8:05–8:55 AM unless otherwise noted.
- 6) Finishers' ribbons to all participants. Place ribbons to first 5 men and women unless otherwise noted.

Sun Nov 3 Presidio Cross Country 5K

<u>START/FINISH:</u> Presidio Wall Playground, West Pacific Avenue & Spruce Street <u>STARTING TIME</u>: Runners at 9:00 AM. Walkers are encouraged to start early

<u>COURSE DESCRIPTION</u>: Exit grass area, complete counter-clockwise Presidio Wall rectangular loop, right onto W. Pacific Ave. trail. Prior to Arguello Blvd complete mini clockwise half-arc loop before turning left onto northbound (downhill) straightaway and exit trail onto asphalt surface. Turnaround at "Stop" sign, reverse direction and return to W. Pacific Ave. Travel downhill (eastbound), complete clockwise Presidio Wall rectangular loop before finish on grass.

Sun Nov 10 Stern Grove 4M

START/FINISH: 33 Ave & Wawona St.

STARTING TIME: Runners at 9:00 AM. Walkers are encouraged to start early

COURSE DESCRIPTION: Run west on Wawona to 34th Ave, left onto Crestlake Street, left onto Sloat Blvd, left at 19th Ave and left/downhill on Wawona back to start (33rd Ave). Run second loop at 34th Ave & Wawona, drop down through barricade to Stern Grove, run entire west to east length of grove, left uphill and exit Stern Grove. Turn left at 19th Ave, left/downhill on Wawona and back to 33rd Ave and finish.

Sun Nov 17 Crocker Amazon Cross Country 5k

START/FINISH: NE corner of the softball field, north east end of Crocker Amazon Park

STARTING TIME: Runners at 9:00 AM. Walkers are encouraged to start early

COURSE DESCRIPTION: The 5K course consists of 2 loops and spans the north east end of Crocker Amazon and south end of McLaren Park. Runners start on the grass in center field and run to the right field foul pole, then turn left along the outfield tree line and continue towards the trail going uphill toward the community garden. Staying to the right of the garden and through the dog walk area, runners turn left at the first paved trail and make a right, uphill, on the paved trail to the dirt trail past "Lover's Rock". Following the dirt trail, runners make the first left towards Sunnydale then make a loop up and around the paved and dirt trails and back towards the dog trail. Just before the dog trail, make a right towards the garden and go back downhill to the softball field and finish.

Sun Nov 24 NO DSE RUN

Opportunity to enter a fun run with LMJS 5k/10/15K, Lake Merritt, Oakland.

All of LMJS fourth Sunday runs begin at 9:00 a.m. at Adams Point, Lake Merritt, just off Bellevue Ave.

Please note if you park on Bellevue, there is a \$5 fee. There is ample free street parking elsewhere.

The runs are one, two or three 5K loops around Lake Merritt.

For more info go to: https://lmjs.org/Forth_Sunday_Run

Sun Dec 1 Baker Beach 5K

START/FINISH: Lower Baker Beach parking lot

Terrain: Asphalt, concrete/sand, gravel trail/wooden bridge/gravel trail <u>STARTING TIME</u>: Runners at 9:00 AM. Walkers are encouraged to start early

COURSE DESCRIPTION: Upon exiting lower Baker Beach parking lot, immediately turn left on Battery Chamberlin Rd and run up to and through upper parking lot. Exit through gate at far end and run east into short Battery section before completing .6 mile uphill climb. Run left (inside guard rail) along Lincoln Way. Just beyond Langdon Court (Street), take the left fork gravel trail and run the entire "new trail" section with wooden bridge. Do not exit onto asphalt pedestrian/bike lane leading to GG Bridge. Instead, turn around at end of trail and return the same way to finish.

Additional Parking is available in the upper parking lot off Battery Chamberlin Rd. Baby strollers are not permitted for this race.

Membership nformation

The DSE was founded in 1966 by members of three clubs who were also interested in running — the Dolphin Club, the South End Rowing Club and the San Francisco Rowing Club. The DSE has grown into San Francisco's largest running club with about 450 members. The club holds races throughout the city almost every Sunday, with courses that range in difficulty and distance (2-6+ miles).

NEW FOR 2019: DSE is moving to a calendar year membership

- Standard membership includes reduced entry fees to weekly races more than 40 each year!
- Unlimited GOLD membership includes reduced entry fees to weekly races in 2018, and free pre-registration to all 2019 races.
- Members who earn at least 3 volunteer points are eligible for annual awards.

2019 Membership Pricing

Standard Individual: \$20 Standard Family: \$25

Unlimited GOLD Individual: \$100

Membership pricing includes electronic newsletter. Members can opt to receive a paper newsletter for an additional \$10 per year.

Membership and Renewal applications are available on the DSE website: http:// dserunners.com/membership.

Folding Session

DATE: Wednesday, December 4

TIME: 6:30-8:30 PM **HOST: Grant Martin** PLACE: 435 26th Avenue San Francisco

(Please note: Accessible by 3 flights

of stairs)

CONTACT: 336-462-8337.

Come out and join the newsletter folding session. All DSEers are encouraged to participate. We will begin folding at 6:30 PM and should be finished before 8:30 PM.

Please remember to bring drinks or food to share. If you would like to host a folding session, contact Jane Colman at janecol@

lmi.net.

Weather Report

Meteorologist Mike Pechner

November looks very dry with above normal temperatures. It's the end of the coastal fog season so expect clear skies at the beach with highs in the low 70's but up to 10 degrees warmer in some inland spots. Rain may not appear until the 3rd week in November with the first rain likely the week of Thanksgiving. Remember, November of last year started out dry and it ended up above normal for rain! Enjoy the warm weather while it is here!

◆◆◆ Club Officers & Coordinators ***

PRESIDENT ANGELICUS Walt Stack



PRESIDENT

Joe Kaniewski

president@dserunners.com

SR. VICE PRESIDENT

Stephanie Soler

seniorvp@dserunners.com

2ND VICE PRESIDENT

Terri Rourke

secondvp@dserunners.com

SECRETARY Marsi Hidekawa

secretary@dserunners.com

TREASURER

Christine Clark

treasurer@dserunners.com

OFFICERS AT LARGE

Anna Burke Kevin Lee

Jerry Flanagan

OPERATIONS

gary@brickley.com Gary Brickley Jim Kauffold jekauffold@gmail.com Wendy Newman wsnew99@gmail.com Janet Nissenson <u>Jlnissenson@aol.com</u> billwoolf2@aol.com Bill Woolf

MEMBERSHIP

Jeorgina Martinez

dse.membership@gmail.com

KIDS RUN

Veronica Balistreri vamm87@gmail.com

EQUIPMENT Vince French DSE RACE RESULTS

Marsi Hidekawa, Coordinator

Wendy Newman Terri Rourke David Amsallem

Jim Buck buckaroo36@gmail.com

PERMITS/SCHEDULING

Jerry Flanagan Kenneth Fong

Pat Geramoni

Janet Nissenson

Carol Pechler

Suzana Seban

DSE PHOTOGRAPHER

Paul Mosel

SAN FRANCISCO, CA 94121

RETURN SERVICE REQUESTED







Happy Birthday!

NOVEMBER

- 1 Jeffrey Susila
- 4 Luz Segura
- 5 Mikayla Krawczyk Stan Ades
- 6 Veronica Balistreri Daryl Luppino Jeff Gilkey Lilly Zoltak
- 7 Denise Leo Matthew Cox
- 10 Marianne Frank

- 11 Veteran's Day Christine Agbayani
- 12 William Misener
- 14 Margaret Want
- 15 Freya Wehrheim Joann Falkenburg
- 18 Bill Murphy Michael Gulli Sharon Rosedale
- 19 Jernee Evangelista

- 21 Patricia Barauna
- David WilsonJeanie JonesMatt Humphreys
- 24 Michelle Agbayani Rachel Tracy
- 25 Adriana Collins Ameli Ramirez Julie Munsayac Natalia Shunmugan
- 27 Jessica Wong Kenneth Fong
- 28 Happy Thanksgiving!
 Alison Chavez
 Becky Rozewicz
 Harry Cordellos
 Tim Danison
- 29 Schuyler Horn
- 30 Doug Obayashi