

# DSE RACE RESULTS OCTOBER 2022

Race photos will appear in the *DSE News*.



October 2, 2022

## Lands End 5K

Race Director: Chewey Lam

Volunteers: Phyllis Nabhan, Yong Haber, Paul Mosel, Bill Woolf, John Albertoni, Bob Marty, Vincent French, Kevin Lee, Richard Hannon, Elise Peck, Samantha Kamras, Wendy Newman, Ron Baxter

PL	NAME	AGE	TIME
1	Ben Beeler	30	0:21:39
2	David Moulton	55	0:21:41
3	Sergey Vasylyev	39	0:22:35
4	Joseph Morgan	33	0:22:47
5	Tom Robinson	45	0:24:23
6	Daniel Henry	52	0:24:36
7	Sebastian Vermut	14	0:24:47
8	Thomas McManus	52	0:24:49
9	Brian Feeley	48	0:26:14
10	Kostya Vasylyev	13	0:26:23
11	Joe Kaniewski	56	0:26:29
12	James Saunders	40	0:26:46
13	Sarah White	49	0:26:53
14	Teddy Bell	14	0:27:00
15	Conal Gallagher	59	0:27:04
16	Ron Baxter	61	0:27:13
17	Juan Melendez	65	0:27:17
18	Ed Caldwell	64	0:27:28
19	Vivian Walsh	51	0:27:47
20	Rob Snavelly	52	0:27:49
21	William Franklin	53	0:28:16
22	Samantha Kamras	44	0:28:21
23	Brennan Murphy	24	0:28:54
24	Godofredo Hernandez	32	0:29:14
25	Dragan Zupac	61	0:30:10
26	Tim Danison	55	0:30:14
27	Shelly Taylor	59	0:30:56
28	Ilexa Nicolan	47	0:30:57
29	Mark Huffman	65	0:31:11
30	Simon Aks	17	0:31:31
31	Ari Dalfen	13	0:31:34
32	Liz Noteware	53	0:31:34
33	Kenneth Fong	60	0:31:59
34	Milo Kamras	11	0:32:16
35	Dorian Besancon	40	0:32:20

36	Stephanie Soler	47	0:32:23
37	Kate Aks	53	0:32:28
38	Luis German	37	0:32:30
39	Drouguet	40	0:32:43
40	Uliana Popov	40	0:32:43
41	Betty Yang	34	0:32:51
42	Peter Corbett	60	0:32:56
43	Xian Ke	40	0:33:06
44	Arden Walsh	15	0:33:28
45	Julian Weisser	32	0:33:38
46	Rubi Kawamura	60	0:34:11
47	Levent Bas	40	0:34:36
48	Misty Montoya	36	0:34:46
49	Larry Jewett	73	0:35:22
50	Ailbhe O'Neill	36	0:36:04
51	Peter O'Shea	58	0:36:45
52	Catherine Flynn	39	0:37:19
53	Gary Brickley	69	0:37:21
54	Xiaodong Yang	67	0:37:32
55	Dennis Lawlor	60	0:38:07
56	Yong Haber	64	0:38:38
57	Jeorgina Martinez	55	0:38:55
58	John McCarroll	64	0:39:04
59	Neal Ashton	66	0:39:32
60	Brid Coleman	33	0:39:54
61	Brian Hartley	69	0:39:59
62	Deysi Ocampo	41	0:40:42
63	Jessica Watkins	41	0:41:25
64	Doug Weller	63	0:41:27
65	Jim Buck	79	0:41:38
66	Jane McFarland	73	0:41:39
67	Raul Trejo	40	0:41:59
68	Rima Zegarra	47	0:42:40
69	Dympna O'Connell	55	0:43:36
70	Rose Griffin	61	0:44:05
71	Emily Baumgartner	32	0:45:14
72	Zoe Kamras	8	0:45:46
73	Jeremy Kamras	46	0:45:46
74	Kevin Morgan	66	0:47:24
75	Vivienne Cornwall	13	0:47:28
76	Erika Enos	42	0:47:28
77	Iron Chang	71	0:47:31
78	Jack Bascom	81	0:47:56
79	Josephine Cornwall	8	0:47:59
80	Gail Cornwall-Feeley	42	0:48:00
81	Summer Williams	43	0:48:29
82	Carla Lazzarini	57	0:48:29
83	Wendy Newman	72	0:50:56
84	Luann Overmyer	74	0:51:14
85	Bob Butchart	62	0:53:52
86	Helen Heymann	32	0:55:14
87	Ken Neufeld	79	0:56:17
88	Megan Liu	31	0:59:17

## SELF-TIMERS

Phyllis Nabhan	75
Amy Sonstein	52
Dana Farkas	63

October 9, 2022

## Lake Merced 4.5M

Race Director: Theo & Jeanie Jones

Volunteers: Pat Geramoni, Uliana Popov, Phyllis Nabhan, Paul Mosel, Richard Hannon, Bob Marty, Jay Boncodin, Vincent French, Kevin Lee, Judith Jarosz, Ron Baxter, Pat McAnaney

PL	NAME	AGE	TIME
1	Grant Johnson	39	0:25:12
2	Cathal Conneely	38	0:26:53
3	Ken Rakestraw	34	0:27:03
4	Matt Cayabyab	39	0:28:23
5	David Davis	53	0:29:23
6	Timothy Ross	36	0:31:25
7	Pieter de Haan	62	0:31:25
8	Thomas McManus	52	0:31:48
9	Peter Hsia	62	0:32:12
10	Steven Koster	48	0:32:26
11	Katia Stern	26	0:32:29
12	Michael Ward	68	0:32:42
13	George Rehmet	55	0:33:23
14	Paul Brickley	72	0:33:48
15	Drazen Fabris	53	0:33:53
16	Caroline Spiezio	27	0:34:01
17	Adam Wong	35	0:34:12
18	Ron Baxter	61	0:34:13
19	Rob Snavelly	52	0:34:18
20	Jeremy Kamras	46	0:35:15
21	Luis Vargas	65	0:35:22
22	Juan Melendez	65	0:35:23
23	David Amsallem	39	0:35:51
24	Maya Pfalzer	13	0:36:01
25	Seth Pfalzer	47	0:36:02
26	Samantha Kamras	44	0:36:18
27	Noriko Bazeley	64	0:36:19
28	Stephan Fouksman	10	0:36:23
29	Michael Boitano	60	0:36:32
30	Brian Taran	25	0:37:05
31	Tim Conneely	29	0:37:18
32	Mary Blanchard	59	0:37:34
33	Godofredo Hernandez	32	0:38:33
34	Pat McAnaney	67	0:38:50
35	Tariq Jalal	35	0:40:24
36	Mark Huffman	65	0:40:34
37	Rubi Kawamura	60	0:40:43
38	Terri Rourke	71	0:41:05
39	Uliana Popov	40	0:42:12
40	Larry Jewett	73	0:43:12

41	Angela Boitano	27	0:43:26
42	Nicholas Skoularikis	32	0:43:27
43	Debbie Symanovich	66	0:44:08
44	Marie-Pierre Carlotti	66	0:44:30
45	Chloe Gaillot	33	0:44:30
46	Neal Ashton	66	0:44:59
47	Steve Symanovich	64	0:45:11
48	Yong Haber	64	0:46:55
49	Maggie Fillmore	72	0:49:18
50	Rose Griffin	61	0:51:02
51	Dennis Lawlor	60	0:52:53
52	Mike Rouan	58	0:52:53
53	Andrea Davies	55	0:54:40
54	Ironmike Schiff	67	0:57:21
55	Bob Kleinhenz	72	0:57:49
56	Monica Vasquez	51	1:17:11

**SELF-TIMERS**

Phyllis Nabhan	75
Wendy Newman	72
Jack Bascom	81
Laurie Quinlan	65
Dympna O'Connell	55
Jane Colman	79
Liz Isaacs	58
Amy Sonstein	52

October 16, 2022

**Marina Green 5K**

Race Director: Mike Rouan

Volunteers: Uliana Popov, Pat Geramoni, Ken Wu, Mitchell Sollod, Paul Mosel, Richard Hannon, John Albertoni, Vincent French, Kevin Lee, Marsi Hidekawa, Neal Ashton, Chewey Lam, Doug Weller

PL	NAME	AGE	TIME
1	Grant Johnson	39	0:17:42
2	Todd Robbins	39	0:18:05
3	Marcus Balistreri	15	0:18:28
4	Cathal Conneely	38	0:18:30
5	Ben Beeler	30	0:18:56
6	Jerry Flanagan	57	0:19:17
7	David Moulton	53	0:19:20
8	Nikl Pulela	45	0:19:23
9	Sergey Vasylyev	39	0:19:48
10	Peter Hsia	62	0:21:05
11	Adam Hill	38	0:21:12
12	Joss Brookes	30	0:21:34
13	Tom Robinson	45	0:21:37
14	Kyle Goldblatt	32	0:22:07
15	Matt Meadows	46	0:22:18
16	Vasanth Jotwani	39	0:22:45
17	Chewey Lam	42	0:22:54
18	David Amsallem	39	0:22:57
19	James Saunders	40	0:23:00
20	Andrew Ng	44	0:23:01
21	Paul Brickley	72	0:23:02
22	Jonathan Pether	34	0:23:04

23	Ron Baxter	61	0:23:14
24	Alicia Kletter	47	0:23:21
25	Joe Kaniewski	56	0:23:40
26	Conal Gallagher	59	0:23:51
27	Kostya Vasylyev	13	0:24:10
28	Layla England	11	0:24:14
29	Sarah Joanna	39	0:24:18
30	Maya Pfalzer	13	0:24:19
31	Rob Snavely	52	0:24:21
32	Juan Melendez	65	0:24:52
33	Noriko Bazeley	64	0:25:09
34	Ben Stroud	35	0:25:19
35	Daniel Henry	52	0:25:37
36	Clara Herrera	27	0:25:38
37	Mark Huffman	65	0:25:50
38	Dragan Zupac	61	0:26:11
39	Peter Corbett	60	0:26:50
40	Ken Wu	53	0:26:55
41	Stephanie Soler	48	0:27:03
42	Simon Aks	17	0:27:37
43	Shelly Taylor	59	0:27:42
44	Scott Jacoby	15	0:27:50
45	Vanessa Jacoby	49	0:27:54
46	Michaela Rouan	28	0:27:55
47	Rubi Kawamura	60	0:28:05
48	Tim Cheesman	40	0:28:06
49	Juan Castro		0:28:09
50	Maya Malato	9	0:28:17
51	Julia Malato	44	0:28:19
52	Tina Cheng	48	0:28:21
53	Laurence Cheng	48	0:28:22
54	Terri Rourke	71	0:28:25
55	Uliana Popov	40	0:28:32
56	Kelly Bartholomew	56	0:28:47
57	Kate Aks	53	0:28:54
58	Jady Hong	25	0:28:55
59	Justin Dziedzic	30	0:29:20
60	Ari Dalfen	13	0:29:37
61	Liz Noteware	53	0:29:38
62	Betty Yang	34	0:29:39
63	Ed Navarro	72	0:29:50
64	Raquel Bautista	34	0:29:53
65	Noel Bautista	34	0:29:54
66	Larry Jewett	73	0:30:15
67	Xiaodong Yang	67	0:30:51
68	Neal Ashton	66	0:30:59
69	Bruce Cohen	59	0:31:00
70	Victor Lam	27	0:31:24
71	Seth Pfalzer	47	0:31:54
72	Mika Pfalzer	11	0:32:30
73	Pete McGurty	60	0:33:04
74	Rima Zegarpa	47	0:33:06
75	Fentress Hill	64	0:33:12
76	Shanna Moore Gumina	51	0:33:17
77	Joaquin Fritz	69	0:33:34
78	Dennis Lawlor	60	0:33:35
79	Gary Brickley	69	0:33:48
80	Maggie Fillmore	72	0:33:49
81	Liz Isaacs	58	0:34:19
82	Pat McAnaney	67	0:34:34

83	Doug Weller	63	0:35:19
84	Leslie Dicke	58	0:35:24
85	Jerry McGowan	84	0:36:01
86	Mila Grunberg	10	0:37:04
87	No Name	45	0:37:09
88	Myriam Amsallem	35	0:37:30
89	Mitchell Sollod	83	0:37:52
90	Chris Brischer	73	0:39:18
91	Kay Teiber	83	0:39:19
92	Dympna O'Connell	55	0:40:31
93	Monica Vasquez	51	0:48:52
94	Randy Piona	72	0:49:18
95	Ramona Piona	64	0:49:19

**SELF-TIMERS**

Brierly Reybine	
Jim McBride	79
Pat Geramoni	74
Dana Farcas	63
Amy Sonstein	52
Wendy Newman	72
Phyllis Nabhan	75

October 23, 2022

**Rockaway Beach 5K**

Race Director: Veronica Balistreri

Volunteers: Mitchell Sollod, Pat Geramoni, Richard Hannon, Paul Mosel, Jay Boncodin, Bob Marty, Vincent French, Kevin Lee, Yoly Pantig, Chewey Lam, Ron Baxter, Tony Nguyen

PL	NAME	AGE	TIME
1	Marcus Balistreri	15	0:18:28
2	Cathal Conneely	38	0:18:54
3	Darryl Leung	41	0:20:04
4	David Davis	53	0:21:23
5	Li Jiang	34	0:22:18
6	Peter Hsia	62	0:22:20
7	Daniel Henry	52	0:22:45
8	Dan Osipow	57	0:23:03
9	Chewey Lam	42	0:23:07
10	George Rehmet	55	0:23:53
11	Bradley Baker	26	0:24:00
12	Edward Caldwell	64	0:24:05
13	Marie Lorenzo-Davis	57	0:24:10
14	Brian Taran	25	0:24:13
15	Ron Baxter	61	0:24:24
16	Conal Gallagher	59	0:24:24
17	Joe Kaniewski	56	0:24:27
18	Rob Snavely	52	0:24:32
19	Stephan Fouksman	10	0:25:22
20	Juan Melendez	65	0:25:28
21	Kenneth Clews	61	0:25:39
22	Tim Conneely	29	0:26:20
23	Noriko Bazeley	64	0:26:28
24	Godofredo Hernandez	32	0:27:27
25	Vanessa Jacoby	49	0:27:34
26	Tim Danison	55	0:27:35

27	Pat McAnaney	68	0:27:44
28	Leslie Dicke	58	0:27:55
29	Simon Aks	17	0:28:20
30	Stephanie Soler	48	0:28:32
31	Peter O'Reilly	64	0:28:41
32	Xian Ke	41	0:28:59
33	Peter Corbett	60	0:29:15
34	Uliana Popov	40	0:29:25
35	Kate Aks	53	0:29:47
36	Terri Rourke	71	0:30:05
37	Ken Wu	53	0:30:28
38	Juan Castro	43	0:31:44
39	Larry Jewett	73	0:31:54
40	Victor Kryukov	43	0:32:40
41	Neal Ashton	66	0:32:52
42	Mike Rouan	58	0:33:12
43	Debbie Symanovich	66	0:33:55
44	Tony Nguyen	49	0:34:30
45	Marsi Hidekawa	68	0:35:01
46	Dennis Lawlor	60	0:35:08
47	Brid Coleman	33	0:35:49
48	Dympna O'Connell	55	0:36:06
49	Rose Griffin	61	0:36:52
50	Deysi Ocampo	41	0:38:33
51	Jerry McGowan	84	0:38:42
52	Paul Griffiths	61	0:39:19
53	Cecilia Tevel	44	0:40:41
54	Sarabella Tevel	10	0:40:42
55	Pat Geramoni	74	0:42:28
56	Blythe Marshman	38	0:43:12
57	Blake Tenney	25	0:43:51
58	Adriana Collins	68	0:46:04
59	Rocco Mullinax/Reno	48	0:46:38
60	Raphael Costa	28	0:47:11
61	Bob Butchart	62	0:47:22
62	William Norman	29	0:48:46
63	Sheryl Ocampo	30	0:48:55
64	Peggy Li	29	0:52:29

SELF-TIMERS

Anna Burke	59
Jim McBride	79
Mitchell Sollod	83
Phyllis Nabhan	75
Wendy Newman	72
Dana Farkas	63

October 30, 2022

Great "Halloween" Highway 5K  
Race Director: Yoly Pantig  
Volunteers: Mitchell Sollod, Phyllis Nabhan. Ken Wu, Paul Mosel, Calvin Chan, Vincent French, Akemi Iizuka, Kevin Lee, Shawn Sax, Jay Boncodin, Neal Ashton, Pat McAnaney, Veronica Balistreri, Marcus Balistreri, Steve Symanovich

PL	NAME	AGE	TIME
1	Chikara Omine	42	0:16:42
2	Noel Bautista	34	0:17:41
3	Ben Beeler	30	0:17:42
4	Marcus Balistreri	15	0:17:58
5	Cathal Connelly	38	0:18:01
6	Jason Reed	43	0:18:32
7	David Moulton	55	0:18:36
8	Kristian Clemens	30	0:18:39
9	Sergey Vasyliov	39	0:19:00
10	Darryl Leung	41	0:19:12
11	Arup Malakar	38	0:19:15
12	Edwin Ong	47	0:19:44
13	Pieter de Haan	62	0:20:25
14	Mia Bennett	34	0:20:26
15	Alastair MacLachlan	63	0:20:31
16	Daniel Henry	52	0:20:52
17	Vera Lo	30	0:20:55
18	Skip Perry	39	0:21:20
19	Tom Robinson	45	0:21:29
20	Chewey Lam	42	0:21:59
21	Michelle Meyer	35	0:22:12
22	Dan McKinley	42	0:22:17
23	Paul Brickley	72	0:22:19
24	Ron Baxter	61	0:22:33
25	Ed Caldwell	64	0:22:39
26	Michael Ward	68	0:22:45
27	Conal Gallagher	59	0:22:51
28	Rob Snavely	52	0:22:56
29	Lawrence Lee	38	0:23:20
30	Sarah White	49	0:23:50
31	Noriko Bazeley	64	0:23:59
32	Julian Weisser	32	0:24:02
33	Kostya Vasyliov	13	0:24:10
34	Ruth Rainero	67	0:24:19
35	Joe Kaniewski	56	0:24:23
36	David Fitzgerald	45	0:24:27
37	Cara Fahey	33	0:24:52
38	George Clark	61	0:25:01
39	Godofredo Hernandez	32	0:25:23
40	Dragan Zupac	61	0:25:31
41	Shelly Taylor	60	0:25:49
42	Pat McAnaney	68	0:26:14
43	Satyajit Das	39	0:26:17
44	Rebecca Teichmann	39	0:26:19
45	Sean O'Hara	9	0:26:29
46	Leslie Dicke	58	0:26:31
47	No Name	32	0:26:38
48	David Tran	34	0:26:38
49	Peter Corbett	60	0:26:40

50	Stephanie Soler	48	0:27:01
51	Mike Rouan	58	0:27:12
52	Terri Rourke	71	0:27:16
53	Gordon Yee	70	0:27:22
54	Milo Kamras	11	0:27:29
55	Tina Cheng	48	0:27:33
56	Ken Wu	53	0:27:35
57	Ma Lourdes Manalastas	41	0:27:52
58	Rubi Kawamura	60	0:27:53
59	Diodita Avenis	54	0:27:55
60	Juan Castro	43	0:28:01
61	Larry Jewett	73	0:28:12
62	Jeanne LaBerge	69	0:28:32
63	Maddie Mauberret	11	0:28:33
64	Xiaodong Yang	67	0:28:47
65	Mark Mauberrett	45	0:28:49
66	Travis O'Hara	41	0:29:10
67	Penny Vardakastani	37	0:29:10
68	Chris Lipski	34	0:29:15
69	Sarah Berger	32	0:29:16
70	Joseph Roldan	38	0:29:29
71	Elizabeth Hilton	55	0:29:41
72	Neal Ashton	66	0:29:46
73	Shanna Moore Gumina	51	0:29:53
74	Pete McGurty	60	0:30:24
75	Anthony Balistreri	8	0:30:51
76	Marissa Balistreri	11	0:30:53
77	Kathleen Stranton	55	0:31:03
78	Suzana Seban	68	0:31:12
79	Debbie Symanovich	66	0:31:17
80	Julia Rabkin	12	0:31:19
81	Geizardo Martinez	65	0:31:21
82	Kyle Rabkin	43	0:31:24
83	Marsi Hidekawa	68	0:31:47
84	Kristan Elman	36	0:31:55
85	Ari Dalfen	13	0:32:02
86	Liz Noteware	53	0:32:03
87	Dympnia O'Connell	55	0:32:19
88	Justin Hubbard	42	0:32:20
89	Joaquin Fritz	69	0:32:23
90	No Name	40	0:32:35
91	Jane McFarland	73	0:32:43
92	Rima Zegarra	47	0:32:56
93	Pat Geramoni	74	0:32:57
94	Liz Isaacs	58	0:33:41
95	Doug Weller	63	0:33:43
96	Nick Leung	7	0:33:57
97	Brid Coleman	33	0:34:26
98	Alicia Mergenthaler	30	0:34:29
99	Beijing Zhang	43	0:34:42
100	Jim Allen	51	0:34:44
101	jJermiah Duncan	25	0:34:45
102	Lisa Vargo	58	0:35:01
103	Jerry McGowan	84	0:35:37
104	No Name		0:35:57
105	No Name		0:36:01
106	Zoe "Scout" Kamras	8	0:36:10
107	Samantha Kamras	44	0:36:11
108	Jim Buck	79	0:36:16
109	Lucas Dempsey	6	0:36:24
110	Vanessa Dempsey	41	0:36:24

111	Amy Allen	52	0:36:30
112	Mandy Wang	27	0:36:37
113	Chrystine Skelly	35	0:36:48
114	Lilly Nguyen	31	0:36:49
115	Maricris Elayda	50	0:37:22
116	J. Whiteman	53	0:38:00
117	Bob Kleinhenz	72	0:38:04
118	Neal Leung	5	0:38:49
119	Deysi Ocampo	41	0:39:03
120	Blythe Marshman	38	0:44:19
121	Tony Nguyen	49	0:44:19
122	Adriana Collins	68	0:44:43
123	Lindsay Cummings	34	0:45:26
124	Bob Butchart	62	0:45:39
125	Joshua Dempsey	4	0:46:21
126	Ryan Dempsey	40	0:46:27
127	Randy Piona	72	0:48:19

SELF-TIMERS

Laurie Quinlan	65
Jane Colman	79
Jim McBride	79
Diane Zelmanovich	51
Mila Caceres	77
Judith Jarosz	82
Phyllis Nabhan	75
Dana Farkas	63
Wendy Newman	72
Amy Sonstein	52

KIDS RUN

Arianna Balistreri	6
Anthony Balistreri	8
Miles Ng	6
Eric Garcia-Castro	11
Leia Rosen	2
Conor Skelly	7
Margaret Skelly	4
Conor Conneely	3
Sean O'Hara	9
Liam O'Hara	6
Zoe "Scout" Kamras	8
Nick Leung	7
Neal Leung	5
Mila Kamras	11
Ross Rabkin	8
Tycho Elman	4
Rebecca Sonstein	11